

## **Standon and Puckeridge Hospital Transport Scheme Help - More Drivers Needed**

We are a small band of volunteers who take people registered at the Health Centre Puckeridge to medical appointments. We offer a 'there and back' service to hospitals, clinics and the Health Centre. Generally the time taken is between 1 and 3 hours depending on the destination.

Drivers are reimbursed at 45p per mile for their door to door round trip.

Please contact Wendy on 07922 519174 to offer your services or find out more.

Thank you.

## **Standon MayDay 2023**

Standon MayDay will take place on Monday 1st May and preparations are now in full swing. We will have new attractions including an Air Display. We are also going paperless so the programme details will be on boards on the High Street and on social media. Please remember to bring cash on the day £1 entry per person.

We are in need of more helpers so this is your opportunity to help shape Standon MayDay and give something back to the community. We need people to help from 7am till 10am or 5pm till 7pm for clear up. If you can spare an hour to help man the gates please ring 01920 821446 to volunteer or via the website.

We have made donations to Standon Village Hall Christmas Lunch, Roger de Clare School and Buntingford Food Bank and would like to contribute to local causes. Please email any requests to: [info@standonmayday.co.uk](mailto:info@standonmayday.co.uk) for consideration by the committee.

We are in desperate need of ground in walking distance of the high street for parking. The usual sheep field is great but is overfull well before midday. We can supply staffing, security and payment. Please be aware that parking is very limited on the day.

Sue Spalding [info@standonmayday.co.uk](mailto:info@standonmayday.co.uk)

## **PS News founder dies**

We were very sad to hear that Lynette Davies, one of the founding team of PS News back in 1976 has died.

It was an exciting time back in the day when Mark and Lynette, Jen and I (after a few drinks) discussed the lack of a newsletter after the District Diary failed.

Mark had been instrumental in setting up group newsletters and I had access to a printers. Jen and Lynette hassled local businesses for adverts and clubs for articles for the fledgling newsletter.

Our condolences go to Mark, his children and grandchildren.

## **Join us in the Home Start Aquathon**

2023 is a very special year for Home-Start as we are celebrating our 40th Anniversary!!

We have organised an Aquathon on SUNDAY 23 APRIL, 6.- 10pm. Put this date in your diary. We hope you can join us with a team at Royston Leisure pool. All you need is your team of 6 swimmers to swim in relay and sponsorship.

Any sponsorship gained will be split 50/50 with Home-Start and your club / organisation

For now, all I need is email confirmation that you would like to take part. Registration forms can be returned once you confirm your team. Please email [tracy@hsrsc.org.uk](mailto:tracy@hsrsc.org.uk)

Your club / organisation and Home-Start have had very little fundraising over the past 2 years, so we would really like to help you to raise some funds for a project or equipment – we will do all the organising of the event – all you need to do is :-

- Pick your 6 swimmers – they can be leaders, coaches, children, parents, family members etc.
- Gain sponsorship – we will supply you with a paper sponsor form for each swimmer and will set up an online fundraising page – all we need from you is some text about what you are raising the money for and your logo,

then you can share the link out, here is an example of a funding page that was used last year for Tannery Drift school <https://visufund.com/tannerydrift>

When people donate they can choose a fish and leave their message

- Turn up at the pool: Your team swim in relay for 55 minutes – it is not a race – so please enjoy yourselves and have fun!

You will receive 50% of the sponsorship money raised and know that you are helping Home-Start to continue their work in our local community with families who are struggling.

Tracy Aggett  
Fundraising Events Support Manager  
T: 01763 262262  
Charity Number: 1105385

## **Future of the Church Hall buildings in Braughing**

The future of the church hall, the Old Boys School and the former caretaker's cottage are all important to our community.

At a meeting of representatives from both the Parochial Church Council (PCC) and the Church Hall Project Group, the PCC agreed to support the direction the project group are taking to secure the retention of these buildings for future generations. The group will now progress their work and regular meetings between both parties will take place. Further information will be provided as it becomes available.

Don Varley, Churchwarden, on behalf of St Mary's Church, Braughing PCC

Peter Boylan, Chairman, Church Hall Project Group

### **Do you have difficulty reading PS News?**

If so try the online edition at [www.psnews.org.uk](http://www.psnews.org.uk). Click on the link on the right hand side for the latest edition and increase the size of the print on your tablet, computer, etc.



**Standon Parish Council will require at least two new councillors to join the team in May 2023 when local elections are next scheduled to take place.**

**The Council (which meet one evening a month) is formed by local residents who volunteer to give their time to help ensure the community's voice is heard on all the important parish issue (ie services, transport, recreational, planning etc).**

**The Council is here for the benefit of all, but we are particularly keen to encourage those who have recently moved to the parish to get involved.**

**If you are interested, please contact the Parish Clerk [clerk@standonparishcouncil.gov.uk](mailto:clerk@standonparishcouncil.gov.uk)**

## **Buntingford Writers' Group**

### **Writing Morning, Saturday 4 March**

We're holding a Writers' morning at Cotted Village Hall, SG9 9PX from 10-12 on Saturday 4 March. Refreshments provided. All aspiring writers welcome. We write, share, and encourage. Just bring a laptop or paper for your writing. For those who like to work on their own but appreciate the support of others.

Contact [chriskell37@gmail.com](mailto:chriskell37@gmail.com) if you'd like to join us. £5 to cover costs.

## **Braughing Get Together events**

### **Tuesday 7 March**

Following the success of our first outing to The Clink Restaurant, we have organised another for those who missed out on a place the first time around.

It is an opportunity to enjoy a 3-course lunch at Brixton Prison, in the Governor's House, cooked by the residents.

The coach will leave Braughing at 0915. The cost is £65 per head to include travel, lunch and all tips and service charges.

Please contact Graham Purse directly - 07979 153 495, [graham@thepurses.co.uk](mailto:graham@thepurses.co.uk)

### **Friday 10 March**

Kristina Putsover, an optometrist working for the Royal College of Optometry will talk to us about her work in Africa; 'Africa Through My Eyes'. Braughing Church Hall, is £4 on the door. Doors open at 7.15, licensed bar.

## **Braughing Village Walks**

Our popular Village walks, led by the Braughing Parish Paths Group, will continue into the spring, often followed by tea and cake in Marion's Green shed. Walks usually take place on the first Sunday of the month. We meet in Braughing Village Square ready to depart promptly at 2pm.

Everyone is welcome on our walks including well behaved dogs. Our walks cover 5/6 miles and usually last a couple of hours. They are aimed at those who can maintain a reasonable walking pace over that time and distance. Please wear wellies or walking boots as the paths can still be muddy and slippery underfoot.

We are hoping to organise a few additional walks please check local noticeboards/websites/Braughing Parish Paths Group Facebook page for confirmation or email [paulaandpaul@btinternet.com](mailto:paulaandpaul@btinternet.com)

- Sunday 5 March Village Walk
- Sunday 2 April Village walk
- Sunday 16 April Pasque Flowers Walk – meet outside Fox & Duck pub in Therfield for 2 ½ hour walk to Therfield Heath to see the Pasque Flowers
- Sunday 14 May (note change of date due to Coronation) Bluebell Walk
- Sunday 4 June Village Walk

## **1st Standon and Puckeridge Brownies**

The Autumn term saw this Tawny Owl take over as leader of the 1st Standon and Puckeridge Brownies and what an amazing term we had. By Christmas we had handed out 17 Interest Badges, 40 Skills builders, 26 Theme awards, and 12 Bronze awards to our Brownies. We also bestowed the name Forest Owl on our DoE Award Helper.

They have all worked hard over the last 2 terms earning their Be Well and Have Adventures themes. Including a space evening, and camp day during the summer term, and a snowbound adventure and cheerleading class during our Autumn term.

The girls have also taken part in our first Armistice Parade since Covid, demonstrated their first aid, and even learned how to be good pirates. (making compasses, learning basic navigation and tying knots).

This has been my first time as a Brownie Leader and myself (Tawny), Snowy and Forest Owls are so very proud of all they have accomplished.

In this spring term we will be having more adventures, welcoming new friends and remembering to do a good turn everyday.

We are always looking for new helpers and volunteers so we can extend our adventures.

Sarah Howitt, Tawny Owl  
[firstsandpbrownies@gmail.com](mailto:firstsandpbrownies@gmail.com)

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## ***Sustainability or Drive to Survive?***

'Sustainability' came into widespread use after the 1992 Rio Earth Summit. The 2007 East Herts Local Plan could not be clearer (1.15.2) "Sustainability has become the new focus for planning." The same Plan stated (2.7) "Traffic and Traffic Reduction: .... Reduce the need to travel and if there is a need to travel, travel the shortest distance possible by the most efficient means possible." Herts County Council were even clearer; HCC Structure Plan Review 1998 stated "The need to travel will be reduced, mainly by locating and planning development so as to require fewer and shorter journeys"

The result in Standon Parish has been that the 1251 households in 1991 have been increased by 471 new dwellings to 2019. That's 37% increase whilst employment sites have been lost. Now bear in mind "Reduce the Need to Travel" – remember that Standon's railway station was closed in 1964 and the parish is further away from railway stations (Bishops Stortford 7.5m, Ware 8.5m, Stevenage 18.6m, Royston 16.1m) than anywhere else in Hertfordshire. Bus transport to a place of work is barely viable and social life requires a car journey. Without public transport new housing in Standon requires MORE and LONGER journeys to be made, contrary to policy.

And Sustainability? East Herts latest Local Plan 2018 has the same policy, but

now describes Standon & Puckeridge as one of "the most SUSTAINABLE villages in the District." (Villages 10.3.2) (My capitals). Surely this is the Standon & Puckeridge of 100 years ago – virtually self-sustaining with shops, pubs and numerous tradesmen, not the dormitory village of today. Surprise, surprise the Plan suggests a minimum of 10% increase in Standon Parish new housing to 2033 – 146 at least and 123 of these have already been approved and built. The need for new housing is huge, especially for young and local people, but to locate it in villages without public transport and to call it Sustainable is wrong. Words need to mean something.

'Newspeak' in Orwell's book '1984' is defined by the Oxford English Dictionary as 'Ambiguous euphemistic language used chiefly in political propaganda.' What do you think of the Council's use of the word 'Sustainable'?

John Phillpott  
Tel: 01920-821488/Mob: 07807-759628

## ***Puckeridge Little Library – have you visited yet?***

In early 2020 I was walking past the phone box near the Crown and Falcon thinking how run down and neglected it was looking. I'd seen others turned in to community spaces housing defibrillators, books and flowers. With changes to library opening times, bus services in and out of the village and (although I didn't know it at the time) an imminent global

pandemic, a community library felt like a good idea.

In autumn 2022, following a couple of emails to the Parish Council, their request to BT's adopt a phone box initiative and I am told the phone box has been refurbished for our community library.

Right, better get organised then! My mind was swimming with what was needed, how it would work and how I'd get this up and running. I was delighted to find it had a fresh lick of paint, windows and a book shelf installed. Someone had even left a load of books on the shelves. I established a Facebook page (please join us at Puckeridge Little Library); feel free to donate or borrow a book or two, please no large donations, and we invite children to leave book related pictures or notes on the blank wall.

I pop down a couple of times a week to check in, tidy up and see the drawings and notes left by children. The drawings bring me a lot of joy, as well as how many people have stopped to ask about the library and almost always leave with a smile and a book. Who knew a square metre could do so much.

I am so pleased we have managed to turn a small corner of our village from a run-down and sad looking telephone box into a small but thriving community library. Do pop down and bring or take a book or two.

Happy reading from Puckeridge Little Library.

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### **Patient Participation Group Buntingford and Puckeridge Medical Practice**

There are currently 19,969 patients registered with the practice and in November, 9812 face to face appointments were carried out, 5797 of which were same day appointments. A further 3088 telephone consultations were held and a total of 10,164 telephone calls were managed by the Reception Teams. On average, that equates to 490 face to face appointments, 150 telephone consultations and over 500 telephone calls to the practice each working day. To say that the practice is very, very busy and working under huge pressure is to put it mildly. Much of the current demand is due to seasonal issues which have been compounded by media generated anxiety regarding issues such as Strep A in children. Please be assured that staff are working their socks off to manage and respond to patients. Please be patient if you are held on the phone, the team will get to you. The practice has been fortunate to have been able to continue recruiting new doctors, admin and nursing staff, with more to come.

The question of appointment availability and access was discussed at some length

in the group. Local social media platforms have carried a few disgruntled comments but, overall, the public mood is positive albeit somewhat frustrated at the length of time that some calls are taken to answer. Perhaps, with greater understanding of the volume of calls being dealt with patients will understand the impact on the waiting time for calls to be answered. Patients can assist by calling after 11am to discuss routine and non-urgent appointments. Could the pharmacist help? They are available to give professional advice on a wide range of issues.

The practice would like to thank everyone who has signed up to order their medication electronically. They have been pleasantly surprised by the numbers now using this method of reordering prescriptions. It really helps to streamline the system and avoids the risk of paper requests going astray. If you have any concerns with signing up and getting started, please contact the surgery who have a team member that can assist with the set-up.

Annual chronic disease and long term conditions management is on track and has been maintained alongside the volume of acute needs. The latest newsletter is now available on the practice website.

Please ensure that the practice has an up to date mobile number and consent for SMS so that you receive an alert about publication.

Finally, except for some snagging and external landscaping, the Puckeridge building works are complete. The site is now fully open and functional and it is good to have the physiotherapist and mental health practitioner back on site. Discussions regarding the Buntingford site are ongoing.

Thank you, again, for your patience and understanding. Everyone is doing their very best to provide a top class service in challenging times and the practice is grateful to everyone for their consideration and support at this very busy time.

Jenny Dingley, PPG Member  
*If You Would Like To Join The PPG,  
Please Contact The Surgery*

### **For Sale**

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## **Puckeridge & Standon Village Lunches**

Think back to the snow and cold in early December last year: a challenging time but with the pleasure of meeting for the Village Lunch despite it.

Thanks to the generosity of the May Day Committee and kindness of other friends, the guests arrived to a magnificently decorated hall and lots of Christmas touches. The warming homemade soup we served went down well (seconds too!) followed by Christmas cake and fruit.

Afterwards David Ranford, Director of the Community Choir, and Michael Smith, Director of Music for the benefice led us in singing the traditional Christmas carols of our younger years.

This year we are continuing with lunches every month - soup and cake in colder months, sandwiches and cake in warmer ones - and a warm welcome in all weathers!

If you live in Standon or Puckeridge and would like to come along, or know someone who might, do get in touch.

Helena 07974 583832  
Brenda 01920 822293

## **Braughing W.I. Programme**

- 16 March Graham Craker. Body Guard to William and Harry. Royal Princes
- 20 April Richard Thomas. From Flanders to the Tower. Poppies
- 18 May Annual Meeting.
- 15 June TBA.

Meetings held in The Church Hall, 2 30 p.m. – 4 30p.m. Refreshments, Raffle. New members welcome

Secretary Kate 01920 822327

## **Tea Time Talks**

**Our final talk for this season will be: Where to Watch Wildlife Locally by Jonathan Forgham**

Saturday 18 March  
3.00pm Standon Village Hall

Jonathan will take a look at the best nature spots within a 5 mile radius of Bishop's Stortford, illustrated with his photos taken at sites such as Thorley Wash Nature Reserve and Stansted Airport Lagoons.

The talk will be followed as usual by tea and cakes and the chance to chat. Entrance £5 payable at the door.

For further information contact Trish Street - trishstreet64@gmail.com, 07703 325062

## **Christmas Cards for Martyn's Lights**

I would like to say a big thankyou to those who bought my Christmas cards of Puckeridge High Street. 30p from every card sold so far has made £88.50 for Martyn's Lights fund. The money has been paid now and hopefully will help to add even more houses to the street.

I still have cards which can be purchased any time for £2 each. I will save them until next years walking market. Again sales will a donate to Martyn's lights.

To see the card, search for Puckeridge and Standon Walking Market on the Next Door app/Facebook or Martyn's Lights or Spotted Standon and Puckeridge on Facebook. I will try next year to produce a Christmas card for Standon.

I am a carer to my husband and try to be creative in my spare time. If you are stuck for gift ideas just connect with me via the methods above or dungaree\_art@icloud.com.

It was lovely to meet you all.  
Jan

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**Easter Sunday April 9th**

2 course £9.99 menu available, book now!

**Good 'Fish' Friday April 7th**

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**Easter Sunday April 9th /  
Monday April 10th**

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**T: 01920-821-610 www.theaxebraughing.uk**

## Big Braughing Bird Count!

Members of Braughing Birding Group spent "Twixmas" (from Christmas Eve to New Year's Eve) seeing how many species of bird we could find in Braughing Parish. The habitat is not that varied: mainly gardens, farmland, a few small areas of woodland and a river.

We expected maybe 40 species (given only resident birds and winter visitors are around at this time of year). We were therefore staggered to record 63 species of bird and 12 mammal species.

Our most unusual bird was probably a Brambling, but along with the commoner species we also recorded Golden Plover, Corn Bunting, Grey Partridge, Grey Wagtail and Ring-necked Parakeets. Rare birds (for Braughing!!) included Canada Geese and Coot. We had very good numbers of winter thrushes (Fieldfare and Redwing), a singing Chiffchaff, lots of Yellowhammer & Linnet, some Goldcrest (our smallest British bird) and a few Bullfinch. We found 4 raptors: Kestrel, Sparrowhawk, Buzzard & Red Kite, and 2 owl species – Tawny and Barn. There must be a Little Owl somewhere in the Parish!

We didn't see several other birds we know are around: Kingfisher, Treecreeper, Blackcap for example, so the

true number is probably closer to 70. We intend to repeat the count in late spring. The mammals consisted of 3 deer species: Fallow, Roe & Muntjac, plus Badger, Fox, Hare, Rabbit, Stoat, Grey Squirrel, Mole, Field Mouse & Brown Rat!

As we head into spring look out for the arrival of our summer visitors and passage migrants – birds that stop off for a day or two on their way north. Most years we get Wheatear & Stonechat and if we are lucky Whinchat, Redstart and Ring Ouzel could turn up. It's always worth looking out for a passing Osprey overhead – we know they use features like main roads, rivers and railway lines to navigate and also the A10!

Interested? Contact Braughing Birding Group and come along to one of our trips (local or further afield) or winter meetings in the Brown Bear (Paula 07983 326163) Facebook Page: Braughing Birding Group

## Hertfordshire Holly Clog Morris dancers

We ended 2022 with the news that we were going to merge with another local side, thus gaining 6 new members so, together, we can now look forward to participating in more days of dance and festivals for which it was becoming more difficult to find enough available dancers.

Already we are committed to performing at the Baldock day of dance, the wonderful Sweeps festival in Rochester and, of course, Standon Mayday and we have received invitations to events in St Neots and St Albans later in the year. Arrangements are being made to dance at some local pubs, including St George's Day and hopefully we will be invited to celebrate the coronation somewhere too.

The two sides are learning each other's dances, some of which are virtually the same but also different ones which adds variety to our repertoire will be better both for us and also for people watching.

We don't just dance and get some exercise but also have some great social activities and February will have seen us in The Feathers enjoying our annual feast, including catching up with some past members.

It is an exciting time in the 44 year history of Hertfordshire Holly and would urge men and women, to come and see what we do and have a go. It doesn't take long to learn a few of the simpler dances, even if you have never danced before.

We practice most Thursday evenings, 8 to 10, in High Cross village hall.

Mary Deeks 01920 822905  
[mideeks@yahoo.co.uk](mailto:mideeks@yahoo.co.uk)



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## Braughing Parish Council – General Update

### New Councillor Update

We are very fortunate to have been able to Co-opt John Dresner onto Braughing Parish Council at the January meeting

### Precept

The Council voted to raise the precept by 5%. It has not been increased since 2018. For a Band D property this adds around £3 per year and reflects the increased cost to the Parish Council

### Community Centre

BPC has agreed a grant to the Community Centre to add cladding to the front and side of the building to improve its appearance. Work has already begun.

### Pentlows Meadow

The Parish Council has agreed to fund a Design Statement regarding upgrading of the Quin and creation of a Water Meadow and wetland. We will be seeking grants to help fund this. Sarah Perry (Herts & Middlesex Wildlife Trust) is supporting the Parish Council through this. BPC will hold an information morning on 1 April from 10-12 in the Old Boys School to share our aspirations with the village and discuss what facilities we should include.

### Coronation

The Parish Council and St Mary's PCC plan to screen the Coronation of King Charles III in the Church and residents will be invited to dress up and come along. This will be followed by suitable refreshments.

### Planning

The Parish Council maintains a Planning Log on the Braughing website. BPC has formally objected to 2 applications: Land at Green End (3/22/2533/FUL) and Field West of Dassels (3/22/2431/OUT) – this has recently been refused. Other recent decisions:- Methodist Church (3/22/0995/FUL) granted with conditions; Land at Quinbury (3/22/0813/FUL) refused; Land North of Maltings Lane (3/22/0813/FUL) granted with Conditions. Residents are all encouraged to check that what is being built around the village (new builds and extensions) is actually what was agreed by the planning authorities. Residents are also reminded that they can object as individuals to any planning application in the Village. Go to the "Planning & Building" page on EHDC website (please copy the Parish Council in).

### Highways

BPC continues to receive more correspondence regarding Highways issues than anything else. As a Parish Council there is very little we can do about most of these concerns other than raise them with Jeff Jones our County Councillor. We have created a Highways Log to enable us to keep track of these issues and keep up the pressure on the County Council to rectify the problems. Meanwhile everyone can report an issue directly to HCC via their highways portal (please copy the Parish Council in if you do). Highways have asked for all potholes to be reported following the recent cold weather

### Future Meetings 8pm (in the Old Boys School)

Thurs: 9 Mar, 13 Apr, 18 May (inc Annual Parish Meeting), 8 June, 13 July, 14 September, 12 October, 9 November

Correspondence to [clerk@braughing.org.uk](mailto:clerk@braughing.org.uk)

## Standon Parish Council News

[www.standonparishcouncil.gov.uk](http://www.standonparishcouncil.gov.uk)  
Election May 2023:


The Parish Council will need at least two new Councillors at the forthcoming elections as two of our Councillors have moved out of our area. The Parish Council is very keen that all sectors of our society are represented and would welcome newer members of the community, and younger parishioners. See our advert on page 2. Please do come to a PC meeting to see what we do. We cover a wide variety of issues and need a wide range of experience.

### Climate Change and Ecological Emergency:

Volunteers needed: Many Districts have declared this emergency. We are looking at tree and bulb planting but need your input. We need volunteers to help us consider all aspects of climate change and mitigation measures we can implement.

The Government has released its latest Environmental Plan – please see this link:

<https://www.gov.uk/government/publications/environmental-improvement-plan>



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Activities and events ltd

The Hang Out is a leisure facility based in Braughing that offers a range of activities and events for individuals with additional needs. Aged 16+

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Email: [thehangout\\_activitiesandevents@yahoo.com](mailto:thehangout_activitiesandevents@yahoo.com)

Unit 1 Station Road, Braughing, Nr Ware, SG11 2PB  
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**Footpaths and Rights of Way:**

You are reminded that public access to our wonderful countryside is on the formal rights of way. You do not have permission to wander across farmers' fields, or walk the headlands. Please stick to the correct paths.

**Litter and dog fouling:**

Please take responsibility for litter and dog fouling. Dog owners are required by law to clean up after their dogs. If you know of a dog owner who fails to pick up, please report directly to EHDC. <https://www.eastherts.gov.uk/environmental-health/dog-fouling-and-dog-control>

Here are the EHDC directions regarding dog fouling:

You must clear up after your dog on any land in the District. Failure to clear up after a dog is an offence and you will be fined or prosecuted. The order applies to any land within the area administered by the council which is open to the air and to which the public are entitled or permitted to have access either with or without payment (including woods and agricultural land).

The Memorial Field is open for leisure and sporting activities. It is not acceptable to leave dog waste on the field. The Parish Council is considering CCTV

installation to ensure the field is left by all users in a clean and tidy condition.

Putting household waste in the public litter bins is classed as fly tipping and may result in a fine. If you see anyone putting such waste into a litter bin, please report to the Police on 999 as this is a crime in progress:

<https://www.eastherts.gov.uk/bins-waste-and-recycling/dumped-rubbish-fly-tipping-and-littering/fly-tipping-and-littering-queries>

**Planning:**

All planning applications can be seen on the EHDC website <https://publicaccess.eastherts.gov.uk/online-applications/>

Any parishioner has the opportunity to present their plans to the Parish Council at a Parish Council meeting.

Whilst the Parish Council is a statutory consultee on planning applications, EHDC takes the final decision. The Parish Council has no opportunity to appeal against a decision taken by EHDC.

**Highways reporting:**

You can report highways faults directly to Herts County Council by telephone on 0300 123 4047, or through the Herts Direct web site at <http://www.hertsdirect.org/services/transtreets/highways/hhonline/hhonline/hfr/>

[www.hertsdirect.org/services/transtreets/highways/hhonline/hhonline/hfr/](http://www.hertsdirect.org/services/transtreets/highways/hhonline/hhonline/hfr/)

**Do you have something you want to raise?**

If you do, please contact me and I will put it on the agenda for the next meeting.

Belinda Irons, Clerk  
[clerk@standonparishcouncil.gov.uk](mailto:clerk@standonparishcouncil.gov.uk)

Tel: 07458 302863 / 01763 838732

**Braughing Fair & Wheelbarrow Race**

We have had our first BFWR Committee meeting and we are now in full swing for the next **Braughing Fair and Wheelbarrow Race on Saturday 8 July** – 12 to 6pm.

There will be the usual attractions for everyone to enjoy:- Dog Show, Bar, Food Stalls, Gift Stalls, Tombola, Raffle and, the wheelbarrow races themselves.

Please have a look at our new website [www.braughingwheelbarrowrace.com](http://www.braughingwheelbarrowrace.com). The entries for the races will be open nearer the time. However, you can start planning your fancy dress costumes!

The Wheelbarrow Race Committee

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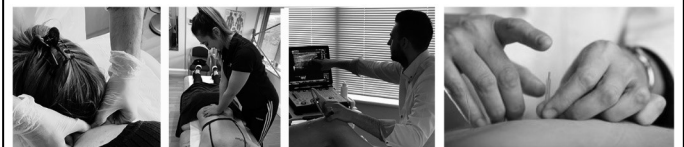


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## Friends of the Rib and Quin (FORQ)

Life is quite quiet at this time of year for most FORQ members. Due to their closeness to some trout redds (breeding grounds) we are not able to do Riverfly Monitoring (RFM) at local sites. This is the recommendation from HMWT (Herts and Middlesex Wildlife Trust). Monitoring will restart in March.

Local historian and writer Kathryn Shreeve has been with FORQ since it started. Kathryn has published several books on the Puckeridge area through the ages. Her latest book "Life Along the River" tells the story of our river valleys through history. It is being serialised into 10 chapters, all of which are available on the FORQ website, History section.

Many will be aware of the proposals and current hybrid planning application for 1800 homes to the north of Ware. FORQ are concerned that current water infrastructure (both in terms of supply and waste management) cannot support such a development.

Thames Water has identified an inability of the existing FOUL WATER network infrastructure to accommodate the needs of this development. Thames Water has contacted the developer in an attempt to agree a position for foul water networks and requested that a number of conditions be added to any planning permission.

There is more information on this on the FORQ website, along with links to the associated documents.

We have written to Sir Oliver Heald, Member of Parliament for our constituency and catchment as well as FORQ's President, for some advice.

Our work documenting the pollution and abstraction impacting our two chalk streams has raised clear and obvious questions, and we sought his suggestions as to how we might best receive answers from the water companies and local planning authorities. A copy of the letter is available to download on our website.

The letter was copied to our local councillors, the parish councils and angling interests that we have met and gained the support of over recent months.

Sir Oliver was good enough to immediately write to Therese Coffey, the new Secretary of State for Defra, raising our concerns. Jan Goodeve, East Herts District Council Executive Member for Planning & Economic Growth also responded and shared it with appropriate EHDC planning officers.

Unfortunately it wasn't until early January that Sir Oliver was able to reply to us. He sent on the letter he had received from Rebecca Pow MP, Defra Minister for Environmental Quality and Resilience (a copy is on the FORQ website).

At the end of January the Government published its

Environment Improvement Plan 2023. Link on the FORQ website, with details from the section that concentrates on the plan relating to water. The plan says "We will achieve clean and plentiful water by improving at least 75% of our waters to be close to their natural state as soon as is practicable."

The plan lists a number of targets and how the government aims to meet them.

Importantly the plan says that the government will "Protect our chalk streams by supporting the Chalk Stream Strategy".

As many readers know FORQ monitor sewage spills into our rivers. We therefore were keen to look at Thames Water's recently launched new website that reports when raw sewage is entering rivers from facilities they operate. The site uses the same data that has been historically published by the Rivers Trust on an annual basis, but has now made this available in real time.

Not all sewage treatment sites are included, but casual monitoring since its launch has shown a number of spills already in our catchment. Details and a link to the Thames Water site are on the FORQ website.

Pauline Ayres, Communications FORQ  
[forqcomms@gmail.com](mailto:forqcomms@gmail.com)  
<https://friendsoftherib.wordpress.com/>

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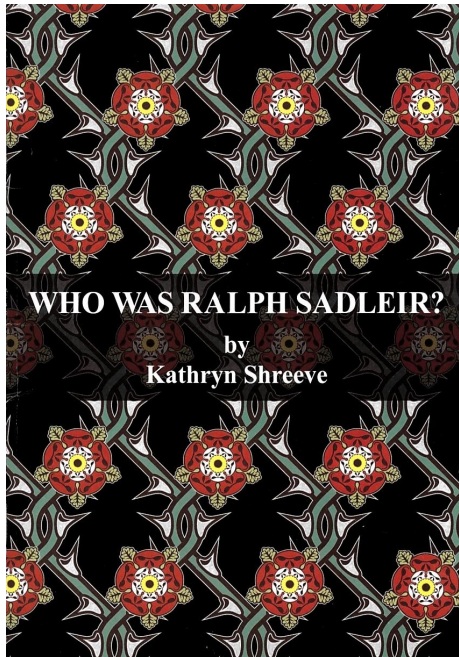
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### Who Was Ralph Sadleir?

The latest book by local historian Kathryn Shreeve was launched at the Tea Time Talk in January at Standon Village Hall when Kathryn gave a fascinating presentation about Sir Ralph. Our talented local Tudor statesman lived at Standon Lordship and held important offices of state under Henry VIII, Edward VI and Elizabeth I. He amassed such a fortune on the way that he was allegedly the richest commoner in England at the time of his death in 1587. His magnificent tomb in St Mary's, Standon has recently been restored and re-gilded and is well worth a visit.

Copies of the book which costs £5 from: Kathryn Shreeve [kathrynshreeve@gmail.com](mailto:kathrynshreeve@gmail.com), 01920 821332; Toby or Helena Spencer - [tobyandhelena87@btinternet.com](mailto:tobyandhelena87@btinternet.com), 01920 822177 or Trish Street -[trishstreet64@gmail.com](mailto:trishstreet64@gmail.com), 01920 821069.



### Hertford Museum

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- Elgar Symphony No. 1
- Soloist Joely Koos is principal cello with the English Symphony Orchestra, co-principal with the City of London Sinfonia and teaches cello at Trinity Laban Conservatoire.

Tickets: £17 adults, £8 students

Call Hertford Tourist Information Centre on 01992 584322 or buy online at <https://www.wegotickets.com/event/568304>

## The Sun in Your Eyes , Sat 20 May 7.45pm

Drill Hall, Ware

- Guest conductor: William Carslake
- Beethoven Leonore Overture No. 3
- Nielsen Helios Overture
- Grieg Morning Mood
- Schumann Symphony No. 3

- William Carslake enjoys a varied career which includes conducting, composing and teaching. Bill was Music Director for The Royal Ballet's Elizabeth at the Barbican Theatre.

Tickets: £17 adults, £8 students

Call Hertford Tourist Information Centre on 01992 584322 or buy online at [www.wegotickets.com](http://www.wegotickets.com)

## All at Sea , Sun 2 July 2.30pm and 4.15pm

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All aboard for these short but enchanting concerts especially devised to appeal to our younger audience members. Audience participation guaranteed. Feel free to wear sea-themed fancy dress. Including exciting music by Britten, Rimsky-Korsakov, Wagner and music from Pirates of the Caribbean.

- Guest conductor: John Landor
- John Landor has conducted orchestras throughout Europe and South Africa.

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## Pruning and Wine Tasting

For the people who have not visited us we are quite unique, we have a small vineyard, a winery and we make our own sparkling wine on site. Most small vineyards send their grapes away to be made by a third party. We wanted a challenge in our retirement and we have certainly achieved that!

It's now February and pruning time at Four Acres. In order for vines to produce the maximum amount of grapes they need to be pruned, if no pruning takes place the vines will grow to thirty metres and the grapes will not ripen.

It will take me six weeks, with the help of friends, to prune 2,200 vines. On a blue sky day with the kites circling above it is great. When it's cold and rainy (and we have had a lot this season) not so good.

## Sunday 7 May Wine Tasting Tour

We have a wine tasting and tour on Sunday 7 May. We will show the process of making sparkling wine and give the opportunity to taste both our wine and cider. If you would like to attend please email me at [info@fouracresestate.co.uk](mailto:info@fouracresestate.co.uk) or text on 07802 313075.

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## Standon and Puckeridge Bowls Club

*The Season is starting!!!!*

We have been looking at the dark skies and the wind and the rain and counting down the days until the new season starts!! And finally, it's here.

Our OPEN DAY is on Saturday 22 April (10am - 1pm), so if you have ever wanted to try the great sport of Bowls – or are already a player and want to check us out, now is your chance. We always make new bowls friends feel welcome and we can show you the ropes as well.

Last year we increased our numbers. So, looking ahead, we want to make sure that anyone who thinks they might be interested can come along and have a go!

We also offer a comprehensive friendly fixture list, we play in the Herts 3rd Division and offer access to a wide ranging set of knockout competitions.

If you want to learn to play, we are there to help; if you are looking for a friendly club with a range of competitions – look no further.

For more info why not visit Facebook page, or our website (details below)

For experienced bowlers looking for a new home we can access East Herts Association & League Knock Out matches; we play in the East Herts League and will make sure you have the opportunity to play in games against other clubs/Associations

We are always looking for new members – so if you fancy learning more, check out what we have been doing – sign up to our Facebook page Standon & Puckeridge Bowls Club or visit our website at <https://standonpuckeridgebowlsclub.wordpress.com/> it's up-to date and there are pictures of us winning (and losing) matches!!

Don't worry if you haven't got any equipment or don't know what to do – we will show you the ropes and lend you equipment.

### All about us:

We are a small and friendly club that encourages all ages and abilities to get involved in the sport of Lawn Bowls

Our competitive side is focussed around participation in the East Herts Bowls League:

The Men's team play in the 3rd Division, and we are looking for more lady members so that we can aspire towards a

lady's league team as well. – And we are nearly there

In addition, our Club Tournaments are always a highlight of the season, and our Finals Day is a great end to the season.

Lawn Bowls is open to everyone, and is one of the only sports where age is no barrier, and anyone (male or female) can contribute to the success of the team. Our club house and ground set in the Station Road Playing Fields, close to the Community Centre is a great place to play with 4 rinks that see a lot of healthy competition over the summer months.

We are always looking for new members and would encourage ANYONE (young or old) who enjoys competitive sport to think about trying Bowls.

If you are interested in playing bowls, we would love to hear from you – and we can always set up a taster session – just contact us through our website <https://standonpuckeridgebowlsclub.wordpress.com/> Facebook Page - Standon & Puckeridge Bowls Club or email [standonandpuckeridgebowlsclub@gmail.com](mailto:standonandpuckeridgebowlsclub@gmail.com) or why not write to us at Standon and Puckeridge Bowls Club, The Playing Field, Station Road, Standon Herts SG11 1TF

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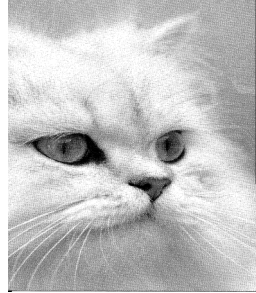
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### Isabel Hospice's outdoor obstacle course Muddy Mayhem

THERE will be mud, sweat and cheers when Muddy Mayhem - Isabel Hospice's outdoor obstacle course returns!

Head of fundraising Katy O'Sullivan said: "Get ready to slip, slide and scramble as we stage our mud-tastic 5km obstacle course in conjunction with our friends at Garden House Hospice Care on Sunday 26 March at the beautiful and private Woodhall Estate in Watton-at-Stone.

"Promising more hills, more spills and more thrills than ever before, participants will clamber, climb and crawl over new obstacles and through gallons of marvellous mud in aid of our hospices.

"This event is back by popular demand and we are expecting tickets to sell fast, so if you would like to join us for this family-friendly event, then we would urge you to book early."

On the day, there will be a 5km adult course as well as a 1km Mini Mudder route for children under-11.

Advance registration is £35 for adults and £25 for 11- to 16-year-olds before 25 March, or £40 and £30 respectively on the day. Youngsters aged 11-16 must be accompanied on the Muddy Mayhem course by a paying adult.

Registration for the Mini Mudder course for under-11s is £5 in advance or on the day. Entry includes a commemorative medal and refreshment at the finish line.

On the day of the event, there will also be an event village with a variety of stalls and caterers in attendance on the day.

You can register for Muddy Mayhem today at [isabelhospice.org.uk/events/muddy-mayhem-2023](http://isabelhospice.org.uk/events/muddy-mayhem-2023).

### Friends of St Mary's, Standon

**Sunday 26th February - Sadleir Tombs celebrations starting at 5pm.** There will be viewing of the Tombs and a talk by Timothy Connor together with tea and cake. Then a Tudor Evensong at 6:30pm with mulled wine and nibbles. Contact Diana Dale on 07718 734897.

### Saturday 18th March - Levant Cookery Demonstration and Supper by Basma Chitham in Standon Village Hall.

The ticket price is £20 each to include a sit down meal and a glass of wine. Contact Diana Dale on 07718 734897.

### Monday 1st May - May Day

FOSM will once again be offering teas, coffees, soft drinks and home-made cakes at Standon Village Hall and home-made salads from a High Street stall.

### Friday 19th May - AGM in St. Mary's Church, Standon at 7:30 pm

There will be a short meeting (about 15 minutes) followed by refreshments.

### Saturday 10th June - Open Gardens from 11am - 5pm

Once again this hugely successful local venture will take place allowing visitors

to wander around some of the most beautiful gardens in Standon. FOSM will be laying on entertainment and refreshments in various locations on the route.

### Could you help with Open Gardens?

We urgently need help on Open Gardens day. Tasks might include selling tickets in the High Street, helping with the teas in the village hall, selling plants on the plant stall etc. If you could spare an hour or two please could you contact Diana Dale on 07718 734897.

### Friday 14th July - Safari Supper

For more information please contact Diana Dale on 07718 734897.



## Quinbury Farm Supper Club

Spring Dates

### Friday March 3rd 2023

A Celebration of Curry, a six-course tasting menu £50

### Friday March 31st 2023

Friday Fish and Seafood frenzy - a six-course tasting menu £50

### Friday April 28th 2023

Our six-course tasting menu £50

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## **Braughing Cricket Club 2023 Season**

### **Junior League Teams & Friendlies**

This year we plan to enter U10 (incrediball) and U12 (hardball) teams into leagues plus arrange some friendly games. So the formats will be similar to matches we played last year.

We will also be looking for opportunities to get U8s (older All Stars & Younger Dynamos) playing a couple of friendly games.

Dates for any matches will be communicated once fixtures have been agreed.

### **Training**

We are planning to hold a few indoor training sessions at Freman College Sports Hall prior to the start of outdoor training at the playing fields.

### **Indoor Training sessions - open to ages 5 to 12**

- Sunday 12 March 2pm to 3pm at Freman College Sports Hall
- Sunday 26 March 2pm to 3pm at Freman College Sports Hall

All Indoor sessions are optional but All Stars, Dynamos and U10s (last years U9s) are welcome to attend these sessions.

Cost of indoor sessions will be £2.50 per child per session - this is just to cover the cost of hall hire.

### **Outdoor Training for Junior Colts**

- Sunday 23 April 09:15 to 10:30 - All Stars (ages 5 to 8)
- Sunday 23 April 10:45 to 12:00 - U10s & Dynamos (ages 7/8 to 10) (softball). U12s (ages 11 to 12/13) (Hardball)
- Sundays until 16 July - weather depending.

During the first weeks we would want to ensure children are in the most appropriate group for their ability, so we may suggest a change of group or time if we think it suitable. This may also happen during the season as we see the children progress.

Also towards the middle of the season we aim to introduce hardball training sessions for U10s. More details will be provided in May once I have a better understanding of numbers interested.

### **2023 Registration Forms**

We will be sending out the registration forms for 2023 in early March along with additional information on fixtures etc.

As always we do welcome new members who want to come along to training or try out cricket, plus new players for any of the teams.

### **Senior fixtures - March - June**

The senior team will play again in the Herts & Essex Border League. Fixtures are still to be confirmed and training will begin on a midweek evening at the nets from early April - please contact Pete Hobson for more information.

Braughing CC, The Playing Fields,  
Longmans, Ware, SG11 2QL  
[braughingcricketclub@yahoo.co.uk](mailto:braughingcricketclub@yahoo.co.uk)

## **Spins Pre-School and Toddler Group**

The New Year started with welcoming both existing and new families to our Spins Pre-School Community.

Our continued focus was All About Me and being aware that we are all different both internally as well as externally.

Of course, the children could visually identify their differences, however our learning was extended on talking about

feelings and what they may look like. In additional verbal and non verbal children found therapeutic stories, games and visuals supportive resources.

Chinese New Year was celebrated by sharing the Story of The Emperors Race and how and why the animals that represent each year were selected. The Children expressed themselves through moment and dance to traditional Chinese folk music.

We took the children's learning to their creative side by providing the simplicity of cardboard boxes, tubes and paper, a reminder that fun and learning can cost next to nothing but is as equally fun and productive.

We created a farm shop with fresh produce. The children were supervised in preparing the vegetables for a warming soup which they enjoyed after a winter walk.

Communication was monitored by providing curiosity surrounding a variety of retro telephone systems, from push button to dial phones. This created examples of child led dialogue in an organic way.

Every Monday (Term time only) between 9.30am-11am in our smaller hall we continue to run our Toddler Group. This gives the opportunity for your child to encounter social interaction, craft, music and play. You can enjoy a cuppa and biscuit and **\*snack is provided for your child\*** All for Just £2.50 per child.

Disclaimer: This event is a stay and play group. Parents/Carer are reminded your child is your responsibility. **\* Spins will Not accept any responsibility for allergic reactions/Choking.**

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## ***Pelvic Health and Mummy MOT.***

Varney Green Physiotherapy are excited to announce a new service being offered at our clinics as part of expanding our new pelvic health service.

Our physiotherapist Harriet is fully trained in completing post-natal assessments and ongoing treatment and rehabilitation. We offer a premium service called 'The Mummy MOT' focussed on mum's post birth recovery.

### ***So, what even is the pelvic floor and what is pelvic health physiotherapy?***

We've all heard of the term pelvic floor a lot, I'm sure as women we have all been told that we need to do our pelvic floor exercises. But what even is the pelvic floor and why is it important?

The pelvic floor is a group of muscles that sit like a hammock in the bottom of the pelvis. It controls our bladder and bowel function, supports our pelvic organs (bladder, rectum and uterus) allowing sexual function, core stability and circulation of blood through the pelvis.

Pelvic health is a highly specialised area of physiotherapy which requires post-graduate training.

### ***What is a Mummy MOT?***

A Mummy MOT is a specialist postnatal assessment following both vaginal and C-section deliveries.

It is a 1-hour assessment focussed on you and your body; and includes:

- Full postural screen
- Pelvic floor muscle assessment. The best method for assessing the pelvic floor is via a vaginal internal examination.
- Abdominal muscle exam to check for any separation
- Screening for bladder, bowel, or sexual dysfunction

You will come away with a full written report of findings from your assessment alongside a bespoke rehabilitation program with your goals at the forefront.

### ***Why is it important?***

Post pregnancy and birth your body has been through a lot! Unfortunately, it is common for women to believe symptoms such as pain, incontinence (including any leaking!) is normal and part of being a woman.

Half of all women have weakness post birth, whether that affects your tummy muscles, your pelvic floor, your back and buttock muscles or all! It is important that we rehabilitate these issues just like any

other injury and help prevent long-term childbirth related complaints.

### ***Who is The Mummy MOT for?***

It is recommended for all postnatal women! We recommend the earliest you book in for your Mummy MOT is 6-8 weeks and after your GP check-up. You can still have this specialist assessment even years post birth. It is never too late!

Our Puckeridge clinic offers a secure and private treatment room which gives you the peace of mind knowing that your privacy and dignity is maintained throughout in what can be a sensitive and at times embarrassing issue.

We will be continuing to expand our pelvic health service with Harriet at our clinics, so watch this space!

If you would like to talk to us about booking in for your Mummy MOT or discuss any pelvic health concerns, please do not hesitate to give us a call or check out our new website with dedicated pelvic health sections.

As always, at Varney Green Physiotherapy we are happy to answer any questions you may have and look forward to seeing you all soon! Tel: 01279 414959 for Puckeridge and Harlow bookings or check out our website [www.varneygreenphysio.co.uk](http://www.varneygreenphysio.co.uk)

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## Watch the birds!

As I write, the days are getting longer and the first hints of Spring are upon us. It took me back to some of the teaching of Jesus, where he says, "Look at the birds". I am extremely happy with this command! (And it is a command, not advice.) Jesus himself tells me to do what I love doing as I walk the dog. It is lovely to see, as our local farmers sow bird seed crops and replant hedges that birds and wildlife are flourishing more and more. It is good that there are these positive signs in our local environment, despite the over-extraction of water and pollution spillages from water treatment.

But Jesus does not tell me to watch birds just as a hobby. A fuller quote goes as follows: "Do not worry about your life, what you will eat or drink...look at the birds of the air; they do not reap or sow or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

One of the great diseases of our time is worry, or anxiety. We get anxious for all kinds of reasons, and two of them today are concerns over making ends meet and concerns over our environment. For many the economy is very challenging. For others, especially the young, environmental concerns can be overwhelming.

Jesus tells us to look up and to have hope. It is the heavenly Father who is in ultimate control, not the politicians or the bankers or the power brokers. We can, if we wish, have another power in our lives, one who loves us and cares for us. Jesus tells us to watch the birds because it is a sign of God's love and provision. Furthermore, he tells us that we are of far greater value than the birds.

As Easter approaches and the great story of the Christian faith is retold, it is good

to know we have a resource above all others to help us. The one who resurrected Jesus from the dead has power beyond our imagining. So in our anxiety and fear we can look to him and pray to him. He always responds to our heartfelt cries of worry. Cry to him, watch the birds and have hope. For he answers our prayers as we trust in him.

## Chair Yoga

After three years of on/off Covid restrictions hitting the older generation hard, I decided I wanted to do something.

So I came up with a gentle yoga class where you don't have to get down on a mat. We breathe, move and stand (if able) as we flow through yoga poses like a dance. Then settling into our chair for some deep relaxation, finishing with a cuppa and a chat.

Chair yoga can help ease physical pain, prevent injury as well as improve strength, balance and flexibility.

The breathing exercises will help you sleep, manage stress and promote better self-care.

For me watching people grow in confidence, make new friends and learn to relax is such a pleasure.

If you would like to join me, I teach in Puckeridge and Standon Community Centre on Tuesday at 11am. In Ware at Place House Hall on Wednesday 9.30am and Stanstead Abbots, Nigel Copping Community Building on Thursday at 11.30am. Feel free to message me to book.

Heidi phone 07957 772661 or email [langanheidi@gmail.com](mailto:langanheidi@gmail.com) or Pilates and Yoga by Heidi on Google and Facebook.

## Standon and Puckeridge Community Cafe

It has been lovely to see everyone at the recent Community Cafes on the first Wednesday of each month.

The December Cafe raised a fantastic £134 for the Alzheimer's Society.

And our February Cafe, supporting World Cancer Day, raised £98.15 for Cancer Research UK.

A big thank you to everyone who came along and made them such a success.

We will continue to open 9.30am to 11.30am on the first Wednesday of each month: 1st March, 5th April, 3rd May, 7th June, 5th July.

All ages are welcome. We even have a box of toys to keep toddlers amused!

Our May Cafe will be in support of the Multiple Sclerosis Society Cake Break, with stalls and a raffle.

There will be a 'Recycling for Good Causes' box at each Cafe, for old jewellery; coins & currency and stamps; mobile phones; cameras and gadgets. Proceeds will be donated to Cancer Research UK. But please, no cables or plugs, cases or boxes, thank you.

We also have a separate box for recycling your old printer cartridges, so please bring them along too.

Myself, Lorraine and Helena look forward to seeing you in the coming months.



Best Wishes

Alison

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## **Standon & Puckeridge Tennis Club**

Spring is here so find your tennis racket and come to the Community Centre for a game. We have three excellent courts that have recently been refurbished.

PAY TO PLAY is available to all, if you just want to book a court. £8 per hour or £4 for juniors. We even have availability at weekends. Contact Sally Bradshaw on 01920 821152.

COACHING: our Head Coach is Cliff Devonshire, who is LTA level 4 performance coach. Cliff has introduced programs for all types of players from junior to experienced club members. For more information please contact Cliff on 07709 355655 or email him at [clifforddevonshire@hotmail.com](mailto:clifforddevonshire@hotmail.com)

ADULT TENNIS: Wednesday morning 10 – 12 and Friday afternoon from 1.45pm. Contact Sally Bradshaw on 01920 821152. These sessions usually attract around 8 players of varying ability. We play doubles and change round regularly.

CLUB NIGHT: Tuesday 6pm also Sunday morning from 10am. All members are welcome. There is a WhatsApp group to ensure there will be players there.

### **We have the following teams:**

The men's team play in the Essex Small Clubs League and play in Division 2 and are doing very well in it. They played in Hot Rackets and won their division.

The mixed team also play in the Essex Small Clubs League and in the summer they won their league. They also play in the East Herts League, won that and were promoted two divisions.

The ladies play in the over 60's Hertfordshire league and won the first match they played this season against Hitchin. They also play in the Essex Small Clubs League and play against Dunmow, Stebbing and Braughing amongst others.

Contact Diana Foster 07778 031430 for more information on any of these.

We will be having a stall at May Day, please come and visit us.

NEW MEMBERS WELCOME: Special rates for parent/child/family memberships, for details contact Sally Bradshaw 01920 821152.

## **Stansted Airport Community Fund**

As part of the wider agreement which gave Stansted Airport permission to handle up to 43 million passengers a year, the airport has an obligation to pay a minimum of £150,000 each year for the next 10 years in grants for local good causes. Local is defined as being within 10 miles of the Stansted runway.

The annual sum available for grants will increase in line with inflation (CPI) and the fund will also receive all the income from fines imposed on airlines when noise regulations are breached. This could amount to a further £10,000 to £20,000 per annum.

Some will take the view that all of this is small consolation for the additional noise and other negative aspects of airport expansion. However, many local organisations will have an opportunity to benefit and it's important that they should know more about the fund.

The fund will make one major award each year of £50,000 and the remaining £100,000+ will be available for community grants of up to £5,000 each. Parish councils, local charities and other not-for-profit organisations are all eligible to apply.

Applications are now being invited for the annual 'Flagship Award' of £50,000. Inevitably this will be extremely competitive and there can only be one successful applicant each year. The deadline for this year's 'Flagship Award' applications closes on 21 April. The Fund Committee will consider the applications in early May and the

successful applicant will be notified shortly afterwards.

Applications are also now being invited for Community Grants of up to £5,000. The closing date for the first round of applications is 3 March and the intention is to have four funding rounds each year, i.e., approximately every three months. The first round of Community Grant applications will be considered by the Fund Committee on 23 March and successful applicants will be notified shortly afterwards.

### **Examples of applications which could be eligible for funding are:**

- Projects which would help/support voluntary youth groups, the elderly or disabled.
- Projects which support community life such as improvements to village halls.
- New and/or improved facilities which would be of benefit to local communities.
- Projects that support community arts and/or sporting/leisure activities.
- Environmental/conservation schemes supporting access to the countryside/outdoors.

For more information – go to [London Stansted Airport Community Fund \(smapply.org\)](https://www.londonstanstedairportcommunityfund.org) or email [community@stanstedairport.com](mailto:community@stanstedairport.com).

Brian Ross (Member of Fund Committee)

## **Braughing Local History Society AGM**

The Braughing Local History Society AGM will take place at Braughing Church Hall on 23 March at 7:45 pm.

The AGM will be followed by a social gathering with nibbles and wine.

Please do come and join us and hear what our future plans are.

Tricia Lilley  
Chairman BLHS

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01920 821978 option 2 or email: [gcsmithpga@gmail.com](mailto:gcsmithpga@gmail.com)  
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## **Puckeridge Karate Club**

We currently have spaces in our junior lesson on Thursdays, so if your son or daughter is aged 6-12 and has been looking for a new hobby, then please make contact with us and arrange for them to come along and have a go, first lesson is free.

Puckeridge Karate Club has been in the village for over 28 years and is based in the Community Centre.

The club was started by Hanshi Mick Billman 9<sup>th</sup> Dan when he was a resident of Puckeridge and has continued to grow in strength and experience ever since.

Puckeridge Karate Club has a great instructor: student ratio and a huge depth of knowledge that the black belts are keen to pass on to the other students. If you would like to try something different and get fit at the same time, contact us to see if we have any spaces available.

The club is a traditional Shotokan club and focuses on discipline, fitness, and technique.

Mick is supported at the club by:

- Clive Bowen 6<sup>th</sup> Dan
- Alex Matthews 5<sup>th</sup> Dan
- Lewis Matthews 4<sup>th</sup> Dan
- Tracy Gardner 4<sup>th</sup> Dan
- Dana Bowen 3<sup>rd</sup> Dan
- Daniel Harrison 1<sup>st</sup> Dan

## **Training times are:**

Tuesday: 20:30 - 21:30 Seniors  
Thursdays: 19:00 – 20:00 Juniors  
Thursdays: 20:00 – 21:00 Seniors

email: [puckeridge.karate@ntlworld.com](mailto:puckeridge.karate@ntlworld.com)

Facebook: [www.facebook.com/PuckeridgeKC](http://www.facebook.com/PuckeridgeKC)

For further information contact Clive Bowen on: 01763 231132

## **Standon Sing**

### **Standon Sing – the new choir for Standon and Puckeridge**

Each Wednesday at 7.30 Standon Sing meets at St. Mary's Church, High Street, Standon. We are always pleased to welcome new people and currently have thirty-five members.

Standon Sing made its performing debut at Christmas 2022, joining other local choirs to perform to an enthusiastic audience and help make a large donation to Herts Community Fund.

Financial support has come from Herts County Council and Standon Charities, in recognition of the social importance of our community choir. Why not come and sing with us? Our sessions are always fun and friendly – and previous singing experience is certainly not expected!

Please just turn up! If you would like more information please contact David Ranford. [ranfordd@gmail.com](mailto:ranfordd@gmail.com)

## **Green Drinks - New for 2023!**

Join us in the White Hart, Puckeridge for monthly get togethers to share thoughts or concerns on environmental issues, local or global. Our first get together will be on Tuesday 14 March and thereafter each 3rd Tuesday of the month at 7pm.

Learn more via an assortment of books on Sustainability, the Environment and Climate Change available to borrow through our "Green Library".

Everyone is welcome. See you there.

Ros and Madela

Find us on Facebook:  
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## **Mind & Music – songs to aid memory and wellbeing**

Standon and Puckeridge Community Centre, Station Road, Puckeridge. SG11 1TF

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Mind & Music welcomes everyone, especially those affected by dementia and their carers, as well as those concerned about their memory.

For information please contact David Ranford [ranfordd@gmail.com](mailto:ranfordd@gmail.com)

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## ***Swifts, or Apus Apus, so good they named them twice.***

With spring just around the corner my thoughts are turning to summer visitors. The 'tourists' I am thinking about are the migrating birds that will soon be returning to our area to breed after spending the winter in warmer climes. And of all the species my personal favourite is the swift, those black-looking, scythe-shaped, aerial masters who arrive back here in May. Who does not love to see a scream of swifts tearing around the rooftops?

Actually sooty brown with a white throat, they are the fastest birds in level flight with a top speed of nearly 70mph. Sleeping, eating, bathing and even mating on the wing, it is likely that many of the swifts won't have stopped flying since they left the nest the previous year. An individual swift can fly as many as four million miles in its lifetime.

On their return swifts have one thing on their minds - to mate. Swifts pair for life, returning to the same site each year for a little nest renovation before laying and incubating their eggs. They like to live in houses and churches, squeezing through tiny gaps to nest inside roofs. But as more old buildings are renovated and gaps in soffits closed up, swift nest sites are fast disappearing. This combined with other factors such as the increased use of pesticides, reducing their insect prey, has led to their decline; swifts have roughly

halved in numbers over the last twenty years in the UK.

However, all is not lost as swifts will readily adopt nest boxes that have been specifically designed for them. It may take a little while for them to find the boxes, but this is a really useful way of helping these birds. Wouldn't it be wonderful if we could get the numbers of these 'devil's birds' back to where they were twenty years ago in Puckeridge and Standon?

As a first step, I hope that by the summer there will be swift boxes installed at St Mary's Church. Gavin Vicary of North East Herts Swift Group has obtained the necessary permission and will make two boxes, each with nine nest holes, to fit behind the louvres of the bell tower. But we don't need to stop there as smaller boxes are highly suitable for fitting to houses. The best places are under deep eaves, on gables or on high walls in some shade; they need to be at least 4.5 metres above ground. They must not be subject to disturbance from window cleaning or maintenance visits and safe from potential attack by squirrels, magpies and crows, so no adjacent branches or creepers. Finally, there must be uncluttered adjacent airspace for easy flight access. It is worth knowing that, unlike swallows and house martins, swifts are clean birds. The adults eat most of the chicks' droppings (possibly to recycle the mineral content) so there are no great piles of mess beneath the nest.

The Swift Conservation website has information on many different nest boxes

that are available to purchase, information on how to make your own and more advice on where to site them. However, for those like me who are not so DIY-minded, help is available from Clive Fleming of the Hertford Swift Group. He can provide locally produced swift boxes at about £25 each and also arrange installation. The cost of installation depends on the number of boxes to be fitted in an area and would be between £10 and £35; the more fitted in one visit the cheaper the price. Clive is always looking for more people to make the boxes; instructions and advice would be provided. If you would like to help in this way, do get in touch with me

For further information please phone me on 01920 822177 or 07974 583832 or send an email to [tobyandhelena87@btinternet.com](mailto:tobyandhelena87@btinternet.com).

Toby Spencer

## ***Midweek Music at St Mary's***

This community venture was started with a pilot event in St Mary's Church, Standon at the end of November 2022. It was so successful that we decided to go ahead with regular monthly concerts on the fourth Wednesday of each month. Coffee and light refreshments are served from 11.30am and the concert starts at 12.30 for 30-40 minutes. The concerts are varied with something to suit all tastes. Entry is free with an opportunity to make a donation if you so wish. Do come along to meet up with friends old and new, you will be warmly welcomed.

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**Labour Party**  
**East Herts Rural Branch**

I should like to remind everyone that they will need photographic identification to vote in the District Council elections on 4 May 2023. The main authorised documents are a driving licence, a passport, a bus pass, a Blue Badge (disabled parking permit) or an identity card bearing the Proof of Age Standards Scheme hologram (PASS card).

If you don't have authorised photographic identity document, you can apply for a Voter Authority Certificate. This is completely free. Go to voter-authority-certificate.service.gov.uk, or you can ask for a paper form from East Herts District Council by ringing electoral services on 01279 655261. You must apply by 5pm on 25 April 2023. For further information, go to <https://www.eastherts.gov.uk/elections-and-voting/voter-id>.

The Labour Party opposed the introduction of this requirement, because it is likely to result in many people being turned away from the polling station, in spite of the fact that there is no evidence of widespread fraud in the voting system as it was. However, Parliament decided to go ahead with it.

In the last edition of PS News, I outlined the changes in district wards. In brief: Standon, Puckeridge, Braughing, Old Hall Green, Wellpond Green and Colliers End are now in a new ward of Braughing & Standon, with two councillors; Nasty and the Mundens are in a revised ward of The Mundens (one councillor); Little Hadham is in Little Hadham and the Pelhams (one councillor); and High Cross and Standon Green End are in the new ward of Ware Rural (one councillor).

David Bell

**Dear Returning Slimming World member**

I am getting a few messages from people wanting to come back to Slimming World, so let me put your minds at rest.....

This post is for those of you who are thinking of returning to one of our SW groups or maybe you've been meaning to for a while.

And in 'thinking' I mean you're saying to yourself:

"Oh my goodness, I haven't been in ages."

"I have put so much weight back on."

"I have joined so many times now, I'm terrified what they'll think."

These feelings are what keep us down and away from group.

BUT please let me reassure you that in our Slimming World Groups, you will be welcomed back with a hug and a warm smile! 😊

MOST importantly there is no shame, blame or humiliation. Returning member, pick yourself up, dust yourself off and prove to yourself (as nobody else really matters) what you're truly made of!

🍷 Let's start 2023 with a bang! 🍷

♥ There is a chair with your name on ♥

If you want to know more about my warm and friendly group in Puckeridge please send me a message!

Sophie  
sophieanderson-sw@hotmail.com  
07855 079070

**Ralph Sadleir School Association**



We were delighted to hand over a cheque to the school head teacher, Mr Fanthorpe, for the purchase of new chrome books.

The RSA is a charity run by volunteers to raise much needed money for Ralph Sadlier Academy. They have worked extremely hard to get all the fundraising going again since restrictions were lifted and couldn't have done this without the support of the local community.

And the efforts are not stopping there! Work is underway for a whole host of events for 2023, kicking off with our Quiz Night on 4 March at Standon and Puckeridge Community Centre, for full details [rsa@ralphsadleir.academy](mailto:rsa@ralphsadleir.academy).

The RSA are always looking for more support, so if you are a parent and can offer any of your time to help at events please get in touch, we would love to have you on board. And if you are a local business that could please offer any prize donations we would be most grateful.

We thank you all for your continued support in helping us raise valuable funds for the school, as you can see it is helping to provide much needed resources for the children.

We look forward to seeing you at one of our events in the future

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We work closely with you by listening to your concerns, confidentially and without judgement, helping you to explore your options and supporting you to make the choices that are right for you.

We will talk with you about difficult issues, whether you are struggling with a bereavement, physical & mental health issues, cancer, end of life, a partner with dementia or any other problem, we are here.

In times of struggle we know that having someone to talk to can be a great relief. It is often the case that talking to someone other than family & friends can work really well and we can help you find your way if you are feeling lost.

Janie Collins, Lesley Phoenix, Susan Warren, Michael Collins & Trudie Harrington

## **Attend2Health**

We are pleased to announce it was one of just 9 clinics this year to be awarded the Clinic Management Quality Mark (CMQM) by the Royal College of Chiropractors. The CMQM recognises excellence in terms of operating within a structured and managed clinical environment.

Applicants must demonstrate excellence in a range of areas including: clinical audit, risk management, incident

reporting, outcome measurement, patient satisfaction, emergency procedures and operational policy.

It's wonderful to demonstrate we are doing all we can to create an environment which is welcoming and of high standard.

Recently Attend2health held a Charity Morning. There were Stalls, a Raffle and money from Osteopathic and Massage treatments going to charity. £261.37 was raised for the Chiropractic Research Council a charity which does research into different ways to help back pain. Attend2Health offers a free chat with one of our practitioners if you want to find out if we could help. Just call 01763 87 80 87 for more information.

## **News from St Mary's, Braughing**

The Christmas season is now well behind us, and we are beginning to look forward to the Easter season when we mark Christ's crucifixion and celebrate his Resurrection.

We started the season in February with an Ash Wednesday service which was led by Carolina as part of her training to become an ordained priest in the United Reform Church. This service marked the beginning of Lent, which is a Christian annual period of 40 days representing the 40 days Jesus spent fasting in the wilderness. This 40-day period for Christians is a time to reflect, fast, and give penance in preparation for the Resurrection of Christ on Easter Sunday

A Lent course started on Thursday 23<sup>rd</sup> February at 7pm in the Old Boys School (and runs until 6<sup>th</sup> April). If you missed the start but wish to join, please do not hesitate to come along. You will be very welcome.

The annual Parochial Church Council (PCC) will be convened soon and we need to increase the membership. Several of our councillors are moving from the parish or are retiring so we need to recruit new members. The PCC manages all aspects of our church's activities so, if you would like to join please make contact with any existing member and we can discuss what is involved.

Every year around April we have to review the Church Electoral Roll, to update it with any additions or departures. If you live in Braughing, and are over 16, and are a Christian you can apply to be added. If you live elsewhere and worship regularly in our Church you can also be added. Do contact Sandy Varley if you would like to know more.

On the 5<sup>th</sup> February we celebrated the service that Peter Glazebrook has given the church and the wider parish community. Peter, now 93, retired from his last formal church responsibility as Tower Captain a position he held continuously from 1964 until the end of 2022. He trained as a bell ringer aged 14 and has played an active role in church activities ever since. Peter has given 79 years of continuous service to the church. He has lived in the village all his life, he married Joan, his wife, in our church, had his 4 children baptised here, and trained them all as bell ringers. A service to us beyond compare.

Finally don't forget we have a Food Bank collection bin at the back of the church. Your donations are always welcome.

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Reach Out offers companionship and practical support to people as they recover and rebuild their confidence. Many elderly people really appreciate someone popping in for a cuppa, or helping them by collecting small items of shopping for them. Reach Out links up people who are isolated with volunteers who can offer a friendly face and a chat.

Just giving a small amount of your time can make a huge difference.

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or contact Reach Out via email at [reachout@nhcvs.org.uk](mailto:reachout@nhcvs.org.uk) or by calling 01462 689403.

## ***Tales from Brockholds Manor***

### ***We Are Making a Woodland Garden***

Many of you will know that when we moved to Brockholds Manor, there really wasn't anything you could call a garden. There were however some trees, planted all the way along the North boundary set out in rows as neatly planted as could be. We assume they were planted as a much needed wind break. We think Brockholds

is a lovely spot and well-chosen by Sir Geoffrey de Brockholes who first lived here, as it does not get the frosts that the surrounding land gets.

When we first saw 'The Wood', it did not look very inspiring. Richard decided the first thing to do was to raise the canopy. He set to work and removed all the lower branches up a height of about 7ft. I had been sceptical and was amazed at the aesthetic improvement. I imagined just how gorgeous the area could look carpeted with spring flowers.

I was desperate to plant something that first Autumn but had not even started to design the garden. I thought a few bulbs planted in the, would be, woodland was a safe place to start as it would not affect the rest of the garden. The reality was quite different from the dream, the soil was rock hard and very dry, and years of stripping away the leaves had left the soil denuded of everything a plant needs. We finally managed to dig in some composts and pop in the bulbs.

Needless to say, when the leaves dropped that first autumn and since, we left them on the ground. We have planted Snowdrops, Bluebells, Crocus, Cyclamen and the fabulous Helleborus foetidus, with its lime green flowers which are at their best in February and March. We have this growing next to our gravel drive, it self-seeds into the gravel and we rescue the seedlings and plant them in the woodland.

Over the years we have had to remove dangerous trees and some leylandii

hedges, which really is a plant that should come with a warning. These have then been chipped and we have spent many an afternoon and evening barrowing the wood chippings around the woods to make paths. As the Bluebells die down the woodland becomes covered in frothy billowing Cow Parsley, which was planted by Mother Nature and is when the woods are at their most beautiful.

There is one job which is endless and that my father undertakes. This is the task of removing all the branches large and small which fall either on the paths on were the planting is. Like much of gardening it is all about editing or choosing just what can stay and what is best removed. After any strong winds there are usually a few barrow loads to be collected.

There is a central path that runs the whole length of the trees and others which branch off from it and meander around the rows of trees. If I had been trying to create a woodland from scratch, I would never have planted the trees in rows but it has turned out to be a stroke of genius, which I am truly thankful for and which we now know was carried out in the late 1980s not the 1950s. The shadows and patterns created by the symmetry of the trees are simply stunning especially at sunrise and sunset.

Although the area is not large enough to be called a woodland, we are starting to think of it as our little woodland and feel so lucky to be able to enjoy this little spot of heaven.

Juliet Penn-Clark, Brockholds Manor.

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22 <sup>nd</sup> March;	27 <sup>th</sup> September;
26 <sup>th</sup> April;	25 <sup>th</sup> October;
24 <sup>th</sup> May;	22 <sup>nd</sup> November;
28 <sup>th</sup> June;	December date tbc

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## Easter services in the Benefice

### Sunday 26th March

- 10.30am All Age Worship, St Mary's Standon  
 4.00pm The Centre Informal Worship, All Saints Little Munden  
 6.30pm Choral Service, St Mary's Standon  
*The Crucifixion - Stainer*

### Sunday 2<sup>nd</sup> April (Palm Sunday)

- 8.00am Holy Communion, St Mary's Standon  
 10.30am Morning Worship, All Saints Little Munden  
 4.00pm The Centre Informal Worship, All Saints Little Munden

### Thursday 6<sup>th</sup> April (Maundy Thursday)

- 7.30pm Holy Communion, St Catherine's Sacombe

### Friday 7<sup>th</sup> April (Good Friday)

- 11.00am Service at the Cross, All Saints Little Munden  
 2.00pm Service of reflection, St Mary's Standon

### Sunday 9<sup>th</sup> April (Easter Sunday)

- 10.30am Easter Holy Communion, St Mary's Standon

**All Welcome**

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- If you would like to advertise I accept anything from a Word, Publisher or jpg file to an existing advert or something jotted on the back of an envelope!
- If you have a logo, I can scan this for you.

Contact John Harris at 07740 306189 or

## Westmill Nursery

Offering a secure family-friendly environment for children from 2 to 5 years old. Open Monday to Friday during term time.  
 Tel: Sarah or Sandra 01763 273005 or 07934 195812  
 Email: westmillnursery@btinternet.com  
[www.westmillnursery.co.uk](http://www.westmillnursery.co.uk)

## ALBURY PRE-SCHOOL

Within the beautiful setting of Albury Primary School, we are pleased to offer Albury Pre-school, caring for children from the age of two, developing young minds through play.

We have flexible sessions, 9 am to 3.15 pm Monday to Friday. We are registered for funding for children aged 2 to 4 years.

To find more, please visit our website at

<https://www.alburyandpullerschools.co.uk/albury-seedlings/>

Facebook @alburyherts or call the school on 01279 771253

Albury Primary School, Church End, Albury SG11 2JQ

## The Ash and Quin Valleys Group - *Living God's Love*

ST. MARY'S CHURCH  
 FURNEUX PELHAM



St. Mary's Church  
 Stocking Pelham

### Services in the Benefice:-

#### March

- Fri 3<sup>th</sup> 7.00pm World Day of Prayer (Braughing)  
 Sun 5<sup>th</sup> 10.30 Morning Worship (Braughing)  
 Sun 12<sup>th</sup> 10.30 Holy Communion (Braughing)  
 Weds 15<sup>th</sup> 10.00 Morning Worship (Braughing OBS)  
 Sun 19<sup>th</sup> 09.30 Café Church (Furneux Pelham)  
 Weds 22<sup>nd</sup> 10.00 Morning Worship (Braughing OBS)  
 Sun 26<sup>th</sup> 10.30 Morning Worship (Furneux Pelham)

#### April

- Sun 2<sup>nd</sup> 10.30: Palm Sunday Service (Braughing) meet in Square  
 Fri 7<sup>th</sup> 10.30: Good Friday Reflection (Stocking Pelham)  
 2.30pm Good Friday Reflection (Braughing)  
 6.30pm Good Friday Service (Furneux Pelham)  
 Sun 9<sup>th</sup> 06.30 Easter Sunrise Service (Braughing Churchyard)  
 10.30 Holy Communion for Easter Day (Braughing)  
 Sun 16<sup>th</sup> 09.30 Café Church (Furneux Pelham)  
 Weds 19<sup>th</sup> 10.00 Morning Worship (Braughing OBS)  
 Sun 23<sup>rd</sup> 10.30 Holy Communion (Furneux Pelham)  
 Weds 26<sup>th</sup> 10.00 Morning Worship (Braughing OBS)  
 Sun 30<sup>th</sup> 10.30 Holy Communion (Stocking Pelham)

#### May

- Sun 7<sup>th</sup> 10.30 Celebration Service for King Charles III (Braughing)  
 Sun 14<sup>th</sup> 10.30 Holy Communion (Braughing)  
 Weds 17<sup>th</sup> 10.00 Morning Worship (Braughing)  
 Thurs 18<sup>th</sup> 7.30 Ascension Day Service (Braughing)  
 Sun 21<sup>st</sup> 9.30 Café Church (Furneux Pelham)  
 Weds 24<sup>th</sup> 10.00 Morning Worship (Braughing)  
 Sun 28<sup>th</sup> 10.30 Holy Communion for Whitsunday (Furneux)  
 Please note, all services are subject to change at short notice.  
 Please check Church noticeboard/Braughing website or St Mary's Braughing Facebook Page. Refreshments are served after most services.

## SPINS PRE-SCHOOL

(Community Centre, Puckeridge, SG11 1TF)

SPINS is a safe and caring environment where your child can learn, grow and develop.

Open Mon - Fri Term Time, 9.15am - 12.15pm (or 2.15pm lunch club)

Visits Welcome. Tel: 07881 533339

[Spins.nursery@outlook.com](mailto:Spins.nursery@outlook.com)



Would You like the best possible education for your child?

Village School - Excellent Nursery Facility  
 Smaller Classes - High academic achievement  
 Good results (SATs)

A caring, friendly, stimulating environment - Good parental support. The ethos of a church school

**Puller Memorial C of E Primary School**

High Cross, Ware, SG11 1AZ

**Phone 01920 463178 for further information**

[www.puller.herts.sch.uk](http://www.puller.herts.sch.uk)



## ST ELIZABETH'S CORPORATE AND COMMUNITY VOLUNTEERING 2022



### WHO ARE WE?

St Elizabeth's supports people of all ages with epilepsy and other complex needs to live life to the full!



### WHY US?

Our Corporate Volunteers have the chance to support our residents by cleaning and tidying outside spaces and gardens, so they can be enjoyed all year round.



### WHAT'S ON OFFER?

As well as a fun day of team building, we also offer meeting room hires situated in beautiful Hertfordshire countryside!

Our Volunteering programme is open between April - October 2022. For more information, please contact us at [fundraising@stelizabeths.org.uk](mailto:fundraising@stelizabeths.org.uk) or on 01279 844355

[www.stelizabeths.org.uk](http://www.stelizabeths.org.uk)



Registered Charity Number: 1176777 South End, Much Hadham Herts, SG10 6EW



## TEA & CAKE

### FOR HDAH

To celebrate our 20th Anniversary, Herts Domestic Abuse Helpline is inviting you to take part in **Tea & Cake for HDAH**. All the money raised will go to supporting those affected by domestic abuse.

It's very easy to take part. Sign-up using the email address below and we will send you a host package with guidance and tips on how to get started. It is up to you to choose when, where and who attends your event. You can host it at home with friends, at work with colleagues or fundraise in your local community. Ideas, resources and full instructions are included in your package, as well as how to collect donations and send them to the charity. Be sure to take lots of pictures so we can include them in our social media updates!

Herts Domestic Abuse Helpline is a free, confidential support and signposting service. It is often the first port of call for a victim, survivor, family member, professional or perpetrator seeking help. As well as supporting around 2,400 callers a year plus many more through our website, the Helpline runs a confidential email service, holds educational sessions and raises awareness through campaigns and resources within the community.

### SIGN-UP TODAY!

Email your details to:  
[friends@hertsdomesticabusehelpline.org](mailto:friends@hertsdomesticabusehelpline.org)

We are here to listen:  
9am-9pm Monday to Friday and 9am-4pm weekends  
9-4pm on bank holidays

Confidential email: [kim@mailpurple.org](mailto:kim@mailpurple.org)  
[www.hertsdomesticabusehelpline.org](http://www.hertsdomesticabusehelpline.org)

[@HertsDomesticAbuseHelpline](https://www.facebook.com/HertsDomesticAbuseHelpline)  
[@HDA\\_Helpline](https://twitter.com/HDA_Helpline)  
[@hdahelp](https://www.instagram.com/hdahelp)



### Herts Domestic Abuse Helpline

08 088 088 088

Registered charity no. 1184599



### East Herts

If you're having a problem with benefits, work, debt, housing, consumer rights and more, WE CAN HELP YOU with free, confidential and impartial advice

**GET ADVICE BY:**

-  Calling our local **Message line 01920 459944** (any time) and one of our advisers will call you back (usually within 24 hours except weekends)
-  Requesting **email advice** or a **call back** from our website: [www.citizensadviceeastherts.org.uk](http://www.citizensadviceeastherts.org.uk)
-  Contacting us via **Facebook Messenger**: [www.facebook.com/EastHertsCitizensAdvice](https://www.facebook.com/EastHertsCitizensAdvice)
-  Going to our website at <https://citizensadviceeastherts.org.uk/get-advice/> for online information resources

We may also be able to arrange a face to face appointment or a home visit if, after an initial assessment, we feel that it's required to move you forward.

CONNECT WITH US

 @EastHertsCitizensAdvice  
 @EastHertsCAB  
 @Citizens Advice East Herts

Charity reg no: 1083211



### East Herts

## Citizens Advice Contact Centres

If you need extra support to access our advice, come along to a Contact Centre.

We do not give full advice at these sessions but our friendly, experienced staff will **assess how to move you forward with your issues**. They may refer you to a more relevant service, help you to self-refer, arrange for an adviser to call you, arrange for a face to face appointment or arrange a home visit.

Each Contact Centre has a **free phone** and **computers** that you can use to access our service if you can't do that from home.

Bishop's Stortford Methodist Church

34b South Street, CM23 3AZ

Tuesday 12-2pm

Hertford Sele Community Hub

18 Fleming Crescent, SG14 2DJ

Wednesday 11am -1pm



## Village Diary

Club Secretaries: Please keep us up to date with any changes to your regular meeting days and events.

We will take details of events as far ahead as you like to try to stop two events clashing and spoiling the day.

NB Some activities will be seasonal or in term time only, please phone the contact to check before turning up and possibly being disappointed.

## Every Weekday

7.30-8.30am WASPS Breakfast Club at Standon & Puckeridge Community Centre (term time only). For more details visit [www.waspsclub.com](http://www.waspsclub.com) or Nicola on 07904 391133  
[nicola@waspsclub.com](mailto:nicola@waspsclub.com)

9.30 - 12.15 or 2.15 (lunch club). Term Time only SPINS Pre-School Standon & Puckeridge Community Centre. Fun and friendly atmosphere with qualified staff. Visits welcome. 07881 533339.

3:15-6:15pm WASPS After School Club at Standon & Puckeridge Community Centre (term time only). [www.waspsclub.com](http://www.waspsclub.com) or Nicola on 07904 391133  
[nicola@waspsclub.com](mailto:nicola@waspsclub.com).

## Monday

9.30- 11.00 SPINS Toddler Group at Puckeridge & Standon Community Centre. Term time only. 07881 533339

10.00am - 11.30am Iyengar Yoga at Standon Village Hall, Hadham Road, Standon, SG11 1LE. Contact Sarah on 07427 596961 or [www.TowardYoga.com](http://www.TowardYoga.com) for info.

10am – 4pm CAB North Entrance, Manor House, 21 High Street, Buntingford. Tel: 0844 848 9700.

1.30 - 2.30 Movement to Music for Over 60s , Standon Village Hall, Skye Wilkinson 07394 934911

1.45 Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628

2pm Second Monday of the month - Buntingford & District U3A, 2pm at the Seth Ward Community Centre, Buntingford.

Starlight Stars:  
Standon & Puckeridge Community Centre

3.45 Twinkling Stars (4-6 yrs)

4.30 Shooting Stars (7-10 yrs)

5.30 Bright Stars (11-13 yrs)

6.30 Rising Stars (14-18 yrs )

Ali Latchford 01279 966 466

4.30-8.30 Rib Valley Gymnastics and Trampoline Buntingford. Monday Trampoline Freman College: Monday 4-5pm, 5-6pm (yoga-nastics New Class!)

Andrea Allen 07989 980038 email: [ribvalleytc@live.co.uk](mailto:ribvalleytc@live.co.uk)  
website: [www.ribvalleytc.co.uk](http://www.ribvalleytc.co.uk)

5pm 1st Standon & Puckeridge Rainbows. Term time in Standon. [sandprainbows1@outlook.com](mailto:sandprainbows1@outlook.com)

6.35 Zumba Fitness at Standon Village Hall. Details 07578 994221

7 Braughing Bridge Club, Old Boy's School, Braughing. Sue 01920 823692

7.15 4th Monday of the month: 7.15pm Ware District Trefoil Guild, St Mary's Church Hall, Ware. Guiding for adults. Mandy Challis 07766 086 137 [waredistricttrefoil@gmail.com](mailto:waredistricttrefoil@gmail.com)

7.30 Braughing Bridge Club in the Old Boys School, Braughing. Sue 01920 823692

7.30 Dance JAM Academy – Standon Village Hall, Adult Tap (all levels) [julie@dancejamacademy.co.uk](mailto:julie@dancejamacademy.co.uk)  
Julie 07971 699615

8 First Monday of the month, East Herts Aviation Society meets at the Sword Inn Hand, Westmill, Buntingford (optional special pre-talk pub dinner menu from 6.30pm). Steve Morgan 07712 145146.

## Tuesday

9am Traditional Flowing Ashtanga Yoga, Puckeridge Community Centre. Ian 07553 285453.

9.30am Holy Communion (BCP), St Catherine's Sacombe.

10am -Noon The Listening Place (a drop in centre for bereavement advice and support). Tuesdays at Leaside Church and Community Centre, High Street, Ware SG12 9BT. Alison 01763 232673.

10:00-11:00am Vinyasa Flow Yoga (for all) - Braughing Community Centre 11:15-12:15pm Postnatal Yoga - Braughing Community Centre

10am – 1pm CAB North Entrance, Manor House, 21 High Street, Buntingford. Tel: 0844 848 9700.

Third Tuesday Colliers End Village Walks followed by refreshments. Suzanne Anderson 07896 699844

11 Accessible Yoga. Standon and Puckeridge community centre. Penny Constantinou 07944 416572

11.30 Punchline Boxing (adults) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146

12-2pm Citizens Advice Contact Centre at Bishops Stortford Methodist Church. Messageline 01920 459944

2-4pm Second Tuesday of the month, Standon Hand Embroidery Group in Standon Village Hall. Barbara Norris 01920 822104.

Standon & Puckeridge Tennis Club  
5pm Mini Orange/Green (8-10 yrs)  
6pm Junior Club night  
7pm Senior Club night  
Cliff Devonshire 07709 355655.

4.30 -7.45 Ballet at Braughing Church Hall: Karen Howarth - 01279 651535

5.30 Beavers (6-8yrs Scouts) Standon & Puckeridge Community Centre, Term time only, Angie Adamson 01763 849902

6pm Tap, Modern & Jazz at Braughing Community Centre: Kate Dutton - 07969 362224

6pm 2nd Buntingford Brownies. Term time in Buntingford. Email [jill228374@hotmail.co.uk](mailto:jill228374@hotmail.co.uk)

6.15 1st Standon & Puckeridge Brownies. Term time in Standon. Sarah Howitt 01920 822342

6.30 Cubs - Puma Pack (8-10½ years, Scouts), term-time only. Standon &



ST EDMUND'S COLLEGE  
& PREP SCHOOL

### Domestic Assistants Salary in line with living wage

Posts available for part time (7am to 11:30am or 6am to 10:30am, Mon-Fri ) inside and outside of term time (with occasional evenings and weekends).

To clean designated areas, Flexible to provide cover for other staff, hard working and with regard for health and safety. Current UK work permit required.

To apply please visit our website in order to download an application pack at [www.stedmundscollege.org/About/Job-Opportunities](http://www.stedmundscollege.org/About/Job-Opportunities) or contact:

St Edmund's College & Prep School, Old Hall Green, Nr Ware, Herts, SG11 1DS  
Tel: 01920 824335 or [hr@stedmundscollege.org](mailto:hr@stedmundscollege.org)

*The College is committed to safeguarding the welfare of children. Therefore, all candidates will be required to undergo an Enhanced DBS check.*



### Recruitment of temporary/permanent staff Specialist Recruitment

Qualified/Unqualified Social Workers  
Occupational Therapists, Housing Specialists  
Revenue & Council Tax Officers and Administrators  
Approved Supplier to over 50 Nationwide Local Authority  
Contracts, Including; Hertfordshire, Kent, Essex, Norfolk, Enfield,  
London and many more.

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[www.swlocums.com](http://www.swlocums.com)

T: 01920 823775  
M: 07545 696819  
Email: [swood@swlocums.com](mailto:swood@swlocums.com)

- Puckeridge Community Centre.  
Jackie Andrews 01763 247675
- 6.30 Tennis Club evening (continues under floodlights throughout the winter). Diana Foster 07778 031430
- 7pm Slimming World at Standon & Puckeridge Community Centre. Sophie 07855 079070.
- 7pm Yoga at Braughing Community Hall. info@annieknapmanyoga.co.uk
- 7.30 Bell Ringing Practice, St Mary's Church Tower, Standon. Interested? - Come along or Tracey Coley 01920 823886 .
- 7.30 Embroidery Group. Second Tuesday in the month, Sargeant Room, Standon Village Hall. Barbara Norris 01920 822104
- 7.30 Braughing Sing, your local Choir during term time at Jenyns School. facebook.com/thebraughingsing
- 8.30 Puckeridge Karate Club meets at Standon & Puckeridge Community Centre. Clive Bowen 01763 231132

## Wednesday

- 8.30 Under 1's Childrens' Group, Standon Village Hall. Kelly Brightman 01920 463949
- 9.30 Worship and Bible Study at St Mary's Standon, followed by refreshments (No service in August)
- 9.30 Gentle Therapeutic Hatha Yoga, Braughing St Mary's Church Hall.

- Ian 07553 285453.
- 9.30 Pilates at Standon & Puckeridge Community Centre. Clare 07966 213880
- 9:30-10:30am Vinyasa Flow Yoga (for all) - Furneux Pelham Village Hall
- 9.30 (term time) Little Hadham Parents & Toddlers group. Held Little Hadham Village Hall
- 10am Standon & Puckeridge Tennis Club Adult Tennis. Sally Bradshaw 01920 821152
- 10am – 1pm CAB North Entrance, Manor House, 21 High Street, Buntingford. 0844 848 9700
- 10.30am Brughing Shed Club at Braughing Community Hall. Details Ruth Fleetwood 07437 994895
- 11am Pilates Group Standon Village Hall. Judy Coward 01920 822812
- 11-1pm Citizens Advice Contact Centre at Hertford Sele Community Hub. Messageline 01920 459944
- 11.30 Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628
- 12.30 Bramble Hill Children's Centre young parents group. (Term time). 01763 273008
- 2pm Second Wednesday of the month – Ware U3A, Wodson Park, (doors open 1.30pm). Pat Davidson, 01920 438309

- 2.15 - 4.30pm Little Munden Cafe at All Saints Church, Little Munden. April - October.
- Dance JAM Academy – Standon Village Hall
- 4pm Baby Ballet (3+ Years)
- 4.30pm Prep/Primary Ballet (5-8 years)
- 5pm Grade 1 Ballet (8+ years)
- 5pm Prep/Primary Tap (5-8 years)
- 6pm Prep/Primary Freestyle (5-8 years)
- julie@dancejamacademy.co.uk
- 4.15-6.15 Gymnastics Edwinstree Middle School. Andrea Allen 07989 980038 email: [ribvalleytc@live.co.uk](mailto:ribvalleytc@live.co.uk)
- Starlight Stars: Standon & Puckeridge Community Centre
- 2pm Dance Fit (18yrs). Ali Latchford 01279 966 466
- 5.45-6.15pm Scout and Guide Band, Jenyn's School. Term time only. Derek Goodall 07790 875862 / [derek.goodall1@btinternet.com](mailto:derek.goodall1@btinternet.com)
- 6.15 Punchline Boxing (juniors) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146
- 6.30 Cubs - Cheetah Pack (8-10½ yrs, Scouts), term-time only. Braughing Church Hall. Derek Goodall 01763 273149.

**If you or someone close to you is dying, you can talk to us**

We know that facing the end of life can leave you feeling isolated and alone. The Anne Robson Trust helpline volunteers are here to listen and support you.

Call us on  
0808 801 0688

We're here for you, if you or a loved one are facing the end of life at home, in a hospital, care home or hospice.

To find out more, please visit  
[www.annerobsontrust.org.uk](http://www.annerobsontrust.org.uk)

AnneRobson Trust

## Braughing Cricket Club



Braughing Cricket Club is at the heart of our village's community. The Saturday first team plays in the Herts and Essex Border League, whilst we field at least 5 junior teams in the Herts Junior League.

Dynamos colts training sessions are in progress on Saturday mornings 0900-1030hrs, which are proving popular with boys and girls for 4-10 year olds.

**This is our game.**



**NEW this summer.**  
The game for all 8-11 year-olds.

**SIGN UP**

### Dynamos Cricket

Ages 8 to 11. 8 week programme starting July 17th.  
Saturdays 9 to 10:30. Costs £40 and see sign-up address below\* or via <https://www.ecb.co.uk/play/dynamoscricket>



**Saturday mornings 9-10.30 for girls & boys up to 11 years old until 4 Sep**

**Thanks to our super sponsors!**



**1st XI August Fixtures**

- 7 Aug - Cloghams (A)
- 14 Aug - Nazeing Common II (A)
- 21 August - Hockerill (H)
- 28 August - Willingale (A)

**Thanks to our super sponsors!**



**\*Dynamos Sign-up Page on ECB website for Braughing CC**  
<https://ecb.clubspark.uk/Dynamos/Course/60a53133-4cf9-4d2b-9217-cc42aef3c06>  
Facebook [www.facebook.com/Braughingcricketclub](https://www.facebook.com/Braughingcricketclub) Twitter @BraughingCC  
Club Website <https://www.pitchero.com/clubs/braughingcricketclub>  
Contact Pete Hobson braughingcricketclub@yahoo.co.uk | 07874 868691

- 6:30 Scouts (10½ - 14½ years old), term-time only. Braughing Old Boys School. Simon Smith 07773 016567
- 7pm Braughing Tennis Club night. Karen Gore 07860 484878
- 7pm Zumba classes, Standon & Puckeridge Community Centre. Diana 01920 822667
- 7pm Guides during term time in Braughing. Louise 07971 800443
- 7pm Third Wednesday Ware and District 41 Club, The Star, Standon. Book in with Peter Warren 01920 824099
- 7.15 till 8.45pm Ranger Girl Guides (14+ years), Cottered Guide Centre, SG9 9QP. Rosanne Kenealy 01920 821304
- 7.30 Explorer Scouts (14-18 yrs) Bowling Green Lane, Buntingford. Meets throughout the year Christine Pestle 07711 506281
- 7.30 Standon & Puckeridge Community Choir, details from ranfordd@gmail.com
- 8pm Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628
- 8pm Ware Photographic Society meets at Thundridge Village Hall, September to May. Barbara Norris 01920 822104 www.wareps.org.uk
- 8pm First Wednesday of the month, East Herts Aviation Society meets at the

The Sword Inn Hand, Westmill. Steve Morgan 07712 145146.  
 9pm Braughing Tennis Club Night at Braughing Community Hall. www.braughtingtennisclub.co.uk/contact-us/

**Thursday**

- 2pm Carpet Bowls at Braughing Community Centre Mikebennett12@aol.com
- 2pm Mind & Music - Songs to Aid Memory at Standon & Puckeridge Community Centre. David Ranford ranfordd@gmail.com
- 2pm Standon & Puckeridge Tennis Club Ladies Tennis. Claudia 01920 821272
- Starlight Stars: Standon & Puckeridge Community Centre
- 3.45 Mini Movers (4-6 yrs)
- 4.15 Street Jazz Dance (7-11 yrs)
- 5pm Freestyle Dance (11-14 yrs) Ali Latchford 01279 966 466
- 6.30 Standon & Puckeridge Tennis Club - Club night 6.30pm. Diana Foster 07778 031430.
- Puckeridge Karate Club Juniors: 7-8pm, Adults 8-9.30pm, Standon & Puckeridge Community Centre. 01763 231132 or at TG's Convenience Store.

- 7 Puckeridge Karate Club meets 7pm at Standon & Puckeridge Community Centre. Clive Bowen 01763 231132
- 7 Keogafit at Braughing Community Hall. Details 07950 934024 .
- 7 Church Choir meets at St Mary's Church, Standon. Michael Smith 01920 821281
- 7 Punchline Boxing (adults) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146
- 8 Hertfordshire Holly, Mixed Clog Morris Dance Side. High Cross Village Hall. New dancers and musicians welcome. Mary Deeks 01920 822905
- 8 Prayer and Life Group, A10 Christian Mission. 01920 821684.
- 8.30 Standon Morris practice nights, Standon Village Hall, Oct to Apr. Meet in The Star from 8pm - new male & female dancers & musicians welcome (aged 12 and over) 07808 969379

**Friday**

- 11am Traditional Flowing Ashtanga Yoga, Puckeridge Community Centre. Ian 07553 285453.
- 2pm Standon & Puckeridge Tennis Club Adult Tennis. Sally Bradshaw 01920 821152
- 3.30 Accessible Yoga at home (via Zoom) 3.30pm. Penny 07944 416572.



at the.....

## Standon & Puckeridge Community Centre

Join us for a drink and a chat on the following

### Wednesdays

9.30am to 11.30am

**1<sup>st</sup> March**

**5<sup>th</sup> April**

**3<sup>rd</sup> May**

Charity Café in aid of  
Multiple Sclerosis Society Cake Break

**7<sup>th</sup> June**

**5<sup>th</sup> July**

For more details contact Alison on 01920 822 872



**Recycling**  
FOR GOOD CAUSES

find us: Recycling for Good Causes  
14 Amber Business Village  
Amington  
Tamworth  
B77 4RP

call 0800 633 5323  
email info@recyclingforgoodcauses.org  
visit www.recyclingforgoodcauses.org

### Items we recycle

<p style="text-align: center; background-color: #e91e63; color: white; padding: 5px;"><b>Jewellery</b></p> <p style="font-size: 0.8em; text-align: center;">Unwanted gold &amp; silver including damaged items Costume jewellery Watches</p> 	<p style="text-align: center; background-color: #e91e63; color: white; padding: 5px;"><b>Coins &amp; Currency</b></p> <p style="font-size: 0.8em; text-align: center;">Banknotes &amp; Coins Any currency UK or foreign of any age/unchangeable currency</p> 
<p style="text-align: center; background-color: #e91e63; color: white; padding: 5px;"><b>Mobile Phones, Cameras &amp; Gadgets</b></p> <p style="font-size: 0.8em; text-align: center;">Mobile Phones . Video Cameras Old Film Cameras . Digital Cameras . Sat Navs Game Consoles . Games &amp; Accessories . iPods MP3 Players . Tablet Computers</p> 	<p style="text-align: center; background-color: #e91e63; color: white; padding: 5px;"><b>Stamps</b></p> <p style="font-size: 0.8em; text-align: center;">Loose / Single Stamps First Day Covers Presentation Packs</p> 

NO Ink or Toner Cartridges Thank You

Please place your items in the sack provided at your designated drop off point:  
 Community Café @ The Standon and Puckeridge Community Centre  
 First Wednesday of each month  
 9.30am to 11.30am



- 4.15-6.15pm Rib Valley Gymnastics @ Edwinstree School, Buntingford. Andrea Allen 07989 980038 email: ribvalleytc@live.co.uk
- 7:30 Explorer Scouts (14 - 18 years old), Christ Church, Ware. Meet throughout the year. Jim Campbell 01920 461134.
- 8 Ware Swimming Club Trials evening. All welcome. Training evenings are Monday and Friday. Mr Vanner 01920 464439.
- 8 The Braughing Society meets most months in the village hall on the second or third Friday. See events under monthly calendar. Marion Saunders 01920 821530.

## Saturday

Dance JAM Academy – Ralph Sadler School

- 8.45am Grade 3 Tap  
9.15am Grade 4 Freestyle  
10.00am Grade 2 Tap  
10.30am Grade 2 Freestyle  
11.00am Choreography  
11.30am Musical Theatre  
[julie@dancejamacademy.co.uk](mailto:julie@dancejamacademy.co.uk)
- 9am - 1pm at Jenyns School Braughing:  
Ballet: Karen Howarth - 01279 651535 & Tap, Modern & Jazz: Kate Dutton - 07969 362224
- 9.30 First Saturday of the month - help with work in Standon Churchyard.
- 9.30 HIIT with Jacqui Smith at Braughing Community Hall. 07956 647806
- 9.30 Pilates at Standon & Puckeridge Community Centre. Clare 07966 213880
- 12.30-2pm Contessa Vaulting Group training sessions and competition practice. All welcome. Tina Layton 01920 821792
- 6pm Evening Mass at Puckeridge Roman Catholic Church. 01763 271471.

## Sunday

10am Standon & Puckeridge Tennis Club - Club morning. Diana Foster 07778 031430.

*Braughing, St Mary the Virgin Services:*  
1st Sunday: 11:15am All Age Holy Communion

2nd Sunday: 9.30am Morning Worship & 5:45 Refresh - informal service  
3rd Sunday: 11:15am Holy Communion  
4th Sunday 9.30am Holy Communion  
5th Sunday no service in Braughing - shared Holy Communion service 10.30am at St Mary's Church, Stocking Pelham.

St. Mary's Church Standon: The United Benefice of St Mary's Standon and All Saints Little Munden with St Catherine's Sacombe:

1st Sunday: 8am Holy Communion (BCP), St Mary's Standon; 10.30am Morning Worship, All Saints Little Munden; 4pm the Centre at All Saints, Little Munden.  
2nd Sunday: 10.30am Holy Communion, St Mary's Standon; 4pm the Centre at All Saints, Little Munden.  
3rd Sunday: 8am Holy Communion (BCP), St Mary's Standon; 10.30am Holy Communion, All Saints Little Munden; 4pm the Centre at All Saints, Little Munden.  
4th Sunday: 10.30am Morning Worship, St Mary's Standon; 4pm the Centre at All Saints, Little Munden.  
5th Sunday: 10.30am Morning Worship, St Catherine's Sacombe; 4pm the Centre at All Saints, Little Munden.  
Please see the benefice website, [www.ubsms.org.uk](http://www.ubsms.org.uk) for up-to-date information or contact Revd. John Chitham on 01920 739483

11.15 Mass at Old Hall Green Roman Catholic Church. 01763 271471.

11am Main service at The Methodist Church, Braughing. Details Revd David Mullins 01279 654475.

2.45 -5pm Braughing Sunday Teas. Every Sunday May - 14 October (excluding 3 June). Home-made cakes and teas in the Church Rooms, plus homemade jams.

## March

- 1 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 4 Buntingford Writers Group 10-12 at Cottered Village Hall. Details [chriskell37@gmail.com](mailto:chriskell37@gmail.com)
- 4 Ralph Sadler Assn Quiz Night at Standon & Puckeridge Community Centre. Details [rsa@ralphsadler.academy](mailto:rsa@ralphsadler.academy)
- 4 Hertford Symphony Orchestra Classic Masterworks, 7.45pm at The Drill Hall, Ware. Tickets: [www.weottickets.com](http://www.weottickets.com)
- 5 Braughing Village Walk, meet Braughing Village Square to depart at 2pm.
- 7 Braughing Get Together visit to Clink restaurant. Details Cynthia 01920 822230
- 10 Braughing Get Together talk: Africa through my Eyes, Braughing Church Hall. Details Cynthia 01920 822230
- 14 Green Drinks at the White Hart. Details [baccsbuntingford@gmail.com](mailto:baccsbuntingford@gmail.com).
- 16 Braughing WI Bodyguard to the Royal Princes. Details Kate Fish 01920 822327
- 18 Where to Watch Wildlife Locally, Tea Time Talk, 3pm at Standon Village Hall. Details Trish 01920 821069.
- 19 Levant Cookery Demonstration. Details Diana Dale 07718 734897.
- 23 Braughing Local History Society AGM, 7.45pm at Braughing Church Hall.
- 25 Panshanger Study Day (Hertford Museum talk). Tickets [www.ticketsource.co.uk](http://www.ticketsource.co.uk)
- 26 Isabel Hospice Muddy Mayhem, register at [isabelhospice.org.uk/events/muddy-mayhem-2023](http://isabelhospice.org.uk/events/muddy-mayhem-2023)

## April

- 1 Braughing Parish Council information morning on Pentlows Meadow, 10-12 at the Old Boys School. Details [clerk@braughing.org.uk](mailto:clerk@braughing.org.uk)

## Defibrillators in the PS News area

Automated External Defibrillators are located at:

Furze Cottage, **Barwick**.

Phone box opp The Axe & Compasses, **Braughing**  
The Golden Fleece, Green End, **Braughing**  
Community Centre. Playing Fields, **Braughing**  
KB Tyres, High Street, **Puckeridge**  
Outside St Thomas School High Street, **Puckeridge**

Standon Village Hall,

**Standon and Puckeridge** Community Centre  
Soon at the former telephone box at **Colliers End**  
Village Hall Entrance, **Little Hadham**  
In the former BT phone box just off the Village Green,  
**Westmill**

- 2 Braughing Village Walk, meet Braughing Village Square to depart at 2pm.
- 5 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 16 Pasque Flowers Walk, meet outside Fox & duck, Therfield. Details paulaandpaul@btinternet.com
- 20 Braughing WI. From Flanders to the Tower. Details Kate Fish 01920 822327
- 22 Standon & Puckeridge Bowls Club Open Day. 10am - 1pm. Details standonandpuckeridgebowlsclub@gmail.com
- 23 Home-Start Aquathon 6-10pm. Details 01763 262262.

## May

- 1 Standon MayDay.
- 3 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 6 Sunshine on Sele exhibition at Hertford Museum until 27 August.
- 7 Wine Tasting Tour at Four Acres Estate, Much Hadham. Details info@fouracresestate.co.uk
- 14 Braughing Bluebell Walk, meet Braughing Village Square to depart at 2pm.
- 18 Braughing WI Annual Meeting. Details Kate Fish 01920 822327

- 19 Friends of St Mary's, Standon AGM 7.30pm at the Church.
- 20 Hertford Symphony Orchestra 'The Sun in Your Eyes', 7.45pm at The Drill Hall, Ware. Tickets: [www.weottickets.com](http://www.weottickets.com)

## June

- 4 Braughing Village Walk, meet Braughing Village Square to depart at 2pm.
- 7 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 10 Standon Open Gardens. 11am - 5pm.

## July

- 2 Hertford Symphony Orchestra 'All at Sea', 2.30 and 4.15pm at the Drill Hall, Ware tickets from [www.wegotickets.com](http://www.wegotickets.com)
- 5 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 8 Braughing Wheelbarrow Race. 12-6pm.
- 14 Friends of St Mary's Standon Safari Supper. Details Diana Dale 07718 734897.

**The fun starts here**

**Brownies** offers girls exciting opportunities take on new challenges, make brilliant friends and discover the world around them.  
For girls aged 7 to 10

**Rainbows** learn by doing - they get their hands dirty, do sports, arts and crafts, and play games.  
For girls aged 4 to 7 (5 year olds in some areas)

**Guides** At Guides you can explore new places, get involved in leadership opportunities and learn a huge range of new skills.  
For girls aged 10 to 14

**Rangers** In Rangers you'll have exciting opportunities to travel the world, get your voice heard, support your community, and build skills for the future.  
For young women aged 14 to 18

**Join us today**  
[girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus)  
or call 0800 169 5901



## Mind & Music – songs to aid memory and wellbeing

Standon and Puckeridge Community Centre  
Station Road, Puckeridge. SG11 1TF  
Each Thursday 2.00 – 3.00

Bringing people together to sing a variety of well-known and loved songs, in a relaxed and friendly environment.

Mind & Music welcomes everyone, especially those affected by dementia and their carers, as well as those who are anxious or concerned about their memory.

For information please contact David Ranford

[ranfordd@gmail.com](mailto:ranfordd@gmail.com)

## Roger de Clare C. of E. First School and Nursery



Roger de Clare C. of E. First School and Nursery are delighted to announce that we still have spaces in some year groups for September.

We are a First School and Nursery with an excellent reputation. We cater for children from 3-9 years old. Our vision and values centre around 'maximum achievement for all in a happy, caring and Christian environment.' Our Early Years creates a strong foundation for active and lively play-based learning that is continued throughout the school. We enjoy strong links and partnerships with our Middle and Upper Schools as well as with all those within the Rib Valley.

*\*We are aiming to resume Tours in September\**

### Contact Information:

Station Road  
Puckeridge  
Hertfordshire  
SG11 1TF  
01920 821363

[admin@rogerdeclare.herts.sch.uk](mailto:admin@rogerdeclare.herts.sch.uk)

### Website:

[www.rogerdeclare.herts.sch.uk](http://www.rogerdeclare.herts.sch.uk)

## Local Charity Shops

### Barnardo's

9 Bridgefoot High Street, Ware, SG12 9BS  
01920 462615  
Mon-Sat 09:00-17:00, Sun 10:00-16:00

### British Heart Foundation

31 Maidenhead Street, Hertford, SG14 1DW  
01992 537908  
33 Potter Street, Bishops Stortford, CM23 3UH  
01279 461875  
Both open Mon-Sat 09:30-17:00,  
Sun 10:00-16:00

### Cancer Research UK

8 Potter Street, Bishops Stortford, CM23 3UL  
01279 656613  
Mon-Tue 09:00-17:00  
Wed-Sat 09:30-17:30, Sun 10:00-16:00

### Emmaus Hertfordshire

Foxholes Farm, London Road, Hertford, SG13 7NT  
01992 504 485  
Mon-sat 9.30 -17.00, Sun 10.00 -16.00

### Essex and Herts Air Ambulance

18 high Street, Buntingford, SG9 9AQ  
01763 274509  
3 Ware High Street, SG12 9BP

01920 463365  
Both open Mon-Sat: 9.30 am – 4.20 pm

### Isabel Hospice

34a High Street, Buntingford, SG9 9AQ  
01763 274904  
44 High Street, Ware, SG12 9BY  
6 Bridge Street, Bishop's Stortford, CM23 2JY  
01279 659551  
All open Mon-Sat 09:30-16:30

### Keech Hospice Care

11 Maidenhead Street, Hertford, SG14 1DW  
01992 503670  
Mon-Sat 09:00-17:00

### Mind

42 High Street, Ware, SG12 9BY  
01920 318615  
Mon-Sat 09:00-17:00, Sun 10:00-16:00

### Oxfam Bookshop

2b Maidenhead Street, Hertford, SG14 1DR  
01992 583221  
Mon-Sat 09:00-17:00  
3-5a North Street, Bishop's Stortford, CM23 2LD  
01279 504627

### St Clare Hospice Music and Bookshop

10 Devoils Lane, Bishop's Stortford, CM23  
01279 755990  
Mon-Sat 09:00-17:00, Sun 10:00-16:00  
Outlet Shop, Links Business Centre Units  
9-10 Raynham Rd, Hastingwood Road, Bishop's Stortford, CM23 5NZ  
01279 639760  
Mon-Sat 08:00-16:00

### St Elizabeth's Centre

69 High Street, Ware, SG12 9AD  
01920 466855  
7 Florence Walk, Bishop's Stortford, CM23 2NZ  
01279 466892  
Both open Mon-Sat 09:30-16:30

### Scope

15 Railway Street, Hertford, SG14 1BG  
01992 550902  
Mon-Sat 09:00-17:00, Sun 10:30-16:00  
Jackson Square Shopping Centre, 1 Devoils Lane, Bishop's Stortford, CM23 3XH  
01279 504 463  
Mon - Sat 9 - 5.30, Sun 10 - 4pm.

## LOCAL POP-UP VENDORS

### CROWN & FALCON CAR PARK, PUCKERIDGE.

Wednesday: Ronnies Kitchen, 4.30-8pm  
Friday: Vanpizza 5-9pm 07799 226515  
Thur, Fri, Sat Thai Kitchen, eat in or takeaway  
Fri Shell Shack 11 - 4pm  
Sat Get Toasted 10-4pm  
Sunday Steph's Kitchen, roasts 1-5pm

### THE BELL CAR PARK, STANDON

Tuesday: Chef's Table 5-8pm  
Wednesday: Cheeky Pizza 4-8pm  
Thursday: Small Fry Fish & Chips 4.30-8pm  
Friday: Ronnies Kitchen 5-8pm  
The Lobster Pot 12-8pm 07816 309341  
Saturday: El Paradiso 4-8pm  
The Lobster Pot 12-8pm 07816 309341  
Sunday: Flava Jamaican  
The Lobster Pot 11-6pm 07816 309341

### THE GOLDEN FLEECE, BRAUGHING

Thursday: Fresh Fish Van 9-10am

### THE BROWN BEAR CAR PARK, BRAUGHING

Tuesdays: Fresh fish/seafood 12pm 07772 391509

Missed vendor? Email me at [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)

**Check details if possible before travelling!**

## Advertising in PS News works!

3,100 copies distributed to Puckeridge, Standon, Colliers End, The Mundens, Little Hadham and Westmill

Contact: [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)



TRUSTED STANDON BASED  
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[www.dqrwillsandprobate.co.uk](http://www.dqrwillsandprobate.co.uk)

01920 747208 | [emma@dqrwillsandprobate.co.uk](mailto:emma@dqrwillsandprobate.co.uk)  
See my recent reviews on Facebook @dqrwillsprobate



## Energy Savings

### Some of my best investments

My multi-fuel burner using only dry wood and smokeless coal. A real investment and on a cold day or night is such an invisible virtual hug when I come home. It doubles up for drying all my washing which I hang in the lounge and it's all dry by morning.

My handmade, thermal-lined, raw shot silk full height curtains. The ultimate draught excluders which are a statement feature in my cottage. Had them 20yrs and dry-cleaned each year they come up like brand new.

I had underfloor insulated solid Oak flood boards put in .I sourced the best and 15 yrs later after a very, very, light sanding and waxing each spring: looks like brand spanking new every year.

Another is my travertine floor. A great flooring for a lot of traffic or where dogs/children and muddy boots are a winter regular. If its laid properly and sealed it can be sanded and resealed every couple of years, grout refresh and looks like new.

However, I do take time to advise my customers that all my indulgent interiors were well thought through.

Plumbing/electrical/drainage fittings and upgrades. Get these all sorted first as they make so much mess.

Think of décor/fixtures/fittings that will not be a trend. Many of us can recall Avocado Bathroom suites and wince when we do .

### Trends fade. Remember that in your decision making.

The right paint in the right room. Some of the better paints have light reflecting minerals and are 'wipe down'. Spending a little more and a good professional paint job can make ALL the difference. At this point be sure to address any damp/mould issues inside and outside before a fab paint job.

Meanwhile .Don't forget after our recent bitter winter, all brickwork/ chimney stacks and roofing needs to fully checked if you have seen traces of broken tiles or cement joints

Foul Waste treatment Plants and drainage ditches. We can service these and re-profile the outfall ditches.

Please don't hesitate to call for further queries

Kate 07930285126  
www.the-otherroom.co.uk

## 20 March is National Happiness Day

Make it your mission to be happy and to understand that it shouldn't be just one day it should be everyday or at the very least most days.

Sometimes it can be simple things that can make you happy such as a dog walk or exercise. Also getting chums together and doing out of the ordinary things like ten pin bowling/quad-biking/paddle-boarding or even a day at the local Three Lakes adventure park.

It maybe a good time actually to be rethinking your career.

Sunday Times survey 5 Feb

### Top Ten Happiest Industries

1. Non -Profit Organisations and Charities

### 2. Marketing and Advertising

Then in no order Construction /Building Materials, Agriculture and Animals, Entertainment and Media, Technology, Business and Management Services, Energy and Utility services, Financial Services.

Take it upon yourself to update your CV regularly so you can see where you can potentially improve or whether you are not progressing and it's time to file your CV with a reputable Hiring Agency. Ask to have an informal chat with a recruitment staff member and see if you would be happier working elsewhere. After all what have you got to lose by having the conversation? Answer = nothing at all.

*“ Not just the garden..... but*  
**The Other Room”**

*The Other Room*  
**INTERIORS**

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Limestone Oak, Walnut Floors - Wrought Ironwork  
Classic/Contemporary Tiling - Granite Worktops  
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**Award Winning Craftsmen**

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[www.theotherroom.co.uk](http://www.theotherroom.co.uk)

- Garden Design/Install
- Patio/Paths Install
- Turfing & Lawn Repairs • Studio Design/Build • Planning Applications
- All Fencing & Hedging • All Pond Repairs • ALL Treework & Reports
- Garden Maintenance
- Garden Rooms/ Posh Sheds
- Driveways /Walls

**T: 01279 842874**  
**M: 07930 285126**  
email: kate.hooper1@btinternet.com  
[www.the-otherroom.co.uk](http://www.the-otherroom.co.uk)

Cut Out And Keep

## ‘CAN-DO’ SERVICES

Insured Services 01279 842874

- Soffits/Facia
- Painting
- House Painting
- Exterior Painting
- Patio Clean/Repair
- Render Repairs
- Garden Makeover
- Pond Clearing
- Hedge Cutting
- Fence install + repair
- Tree Works
- Garden/ Lawn Work
- All Roofing Repairs

Cut Out And Keep

## **Bulky Waste, abandoned vehicles & Flytipping**

Contact East Herts Council on [www.eastherts.gov.uk](http://www.eastherts.gov.uk) or phone 01279 655261.

Bulky waste details: One household item - £46.04 (for up to 6 items.)

The Council will remove flytipping: use the on-line form.

## **Car batteries, engine oil, Fridges and Freezers**

All are recycled at::

Bishops Stortford Household Waste Site, Woodside Road (off Dunmow Road).

Buntingford Household Waste Site, Aspenden Road.

Ware Household Waste Site, Westmill Road.

## **Cameras & Photography Books**

The Disabled Photographers Society always welcome good serviceable cameras to adapt for disabled persons use, also photography books.

Disabled Photographers Society:  
[www.the-dps.co.uk/](http://www.the-dps.co.uk/)

## **Domestic Batteries**

Standon Post Office & supermarkets

## **Foreign Coins**

Isabel Hospice collects foreign coins (and notes!) drop them in to their Charity Shop in Buntingford or Ware High Street.

## **Ink & toner cartridges**

- Local Recycling Centres.

## **Computers**

Only fully working PCs. Please telephone first. [www.computeraid.org](http://www.computeraid.org)  
Tel: 020 7281 0091

Another site worth checking is [www.donatepc.org.uk](http://www.donatepc.org.uk)

## **Postcards**

Please save your postcards and take the to St Mary's Church, Standon or All Saints Church, Little Munden. They are collected for Church work in Sudan.

## **Furniture**

Furniture Recycling Scheme for Hertfordshire <http://www.fresch.org.uk/> or 01707 395635.

## **Knitting wool**

Unused wool which will be turned into baby clothes etc., for children in Uganda can be left in the collection box at the back of St Mary's Church, Standon.

## **Stamps**

- Puller Memorial School in High Cross collects used stamps to 'Save the Albatross'. Drop them into school or 32 Batchelors, Puckeridge.
- Standon Post Office collects stamps for Cancer Research UK.
- Isabel Hospice collects used stamps, drop them in to their Charity Shop in Ware High Street or post them to the Hospice at Great Barmingham Lane, Luton LU3 3NT.

## **Mobile phones**

Loads of charities recycle old mobile phones. Just search 'donating mobile phones'.

## **Sunglasses & Spectacles**

The large chains of opticians, e.g. Boots or Specsavers will recycle old glasses for the developing world. Drop them in to any branch.



**Could you be our Next Volunteer?**

Looking for friendly and caring volunteers to visit older people **once a week.**  
To Find out more, please contact Age UK  
07772 173659  
[visiting.eh@ageukherts.org.uk](mailto:visiting.eh@ageukherts.org.uk)





### **Hospital Transport Scheme needs Volunteer Drivers**

- ★ Do you drive your own car?
- ★ *Can you spare one morning/afternoon a month?*
- ★ Do you live in the area bounded by High Cross, Dane End, Dassels and Little Hadham?
- ★ Then please consider being a volunteer driver for the local Hospital Transport Scheme.
- ★ (You are paid a mileage allowance)

**Details from 07922 519174**

# Can you spare a few hours a week?



**You could make a big difference in the life of a disabled child and their family by helping to share the care.**

please call us on  
**0800 917 0925**  
to find out more

Shared Care

**Report a Water Leak**

[www.affinitywater.co.uk/report-a-leak.aspx](http://www.affinitywater.co.uk/report-a-leak.aspx)

**Environment Agency**

For reporting all environmental incidents relating to air, land and water: 0800 80 70 60.

**Potholes & Faulty Traffic Lights**

Go to [Hertfordshire.gov.uk](http://Hertfordshire.gov.uk) or call 0300 123 4047

**Trading Standards**

[Citizensadvice.org.uk](http://Citizensadvice.org.uk) or call 0808 223 1133

**Stop junk mail, phone calls and faxes**

Register and junk mail and phone calls will miraculously reduce!

**Mailing Preference Service**

0207 291 3310  
[www.mpsonline.org.uk/mpsr/](http://www.mpsonline.org.uk/mpsr/)

**Telephone Preference Service**

0845 070 0707  
[www.tpsonline.org.uk/tps/number\\_type.html](http://www.tpsonline.org.uk/tps/number_type.html)

These services are free (apart from the cost of the call). Do not respond to anyone asking for money

**Waste Disposal**

For further information, call WasteAware on 0300 1234 051  
All Household Waste sites are closed on 25 & 26 Dec and 1 Jan.

**Westmill Road, Ware SG12 0EL**

Open: Every day: 10am - 6pm

**Woodside Industrial Estate off Dunmow Road (A1250) Bishop's Stortford CM23 5RG**

Open: Monday, Thursday, Friday, Saturday, Sunday 8am - 4pm.

**Colliers End Clay Pigeon Shooting Club**

Established 50 Years.

We meet on the 1st Sunday (Hillside) 100 Clays .  
3rd Sunday (Hunsdon) 9am for 9:30. 100 Clays. We also run a Friendly league & monthly Competition.


**We are a Club run by people who enjoy Shooting Clays.**  
Please call Chris Lynch for Membership Details.  
**07836 711336**

**Let us deliver your leaflets for you**


- 3,100 copies distributed quarterly
- Every house in Puckeridge, Standon, Braughing, Colliers End, The Mundens and Westmill get a copy.
- If you would like to advertise I accept anything The cost for delivering 3,100 leaflets is only £170
- Call John to book your slot as this is a very popular option!

**Contact John Harris at 07740 306189 or [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)**

**St Thomas of Canterbury School**  
High Street, Puckeridge SG11 1RZ  
[admin@stcanterbury.herts.sch.uk](mailto:admin@stcanterbury.herts.sch.uk)



Extensive playing field and grounds



Spacious hall and dining room

Private lettings and hirings available - negotiable rates, enquire at the School Office 01920 821450

**Standon Village Hall**

**Keep Fit & Exercise Classes**

Karate	Mondays	6.30-8pm	James 07943-252102
Music Exercise	Mondays	1.30-2.30pm	Hannah 07714-378887
Smart Group Training	Tuesdays	9.00-10.00am	Richard 07980-910989
Cardio Tone	Tuesdays	10.15-11.15am	Natalie 07545-146863
Tiger Cheerleaders Club	Tuesdays	5.15-6.15pm	Sophie 07847-380652
Tiny Tigers	Wednesdays	9.30-11.30am	Sophie 07847-380652
VACANCIES	ALL WEEK	RING DENIS. For info/prices	ON 01279-842625
Iyengar Yoga	Thursdays	6.30-8.00pm	Sharon 01279-508301
Morris Men	Thursdays	8.15-10.15pm	Bob 07772-463024
Reiki Drum Relaxation	Fridays (Monthly)	7.00-8.45pm	Annette 07769-183286
Tiger Cheerleaders Club	Saturdays	8.30-11.30am	Sophie 07847-380652



**Police Contacts:**

Number for NON 999 calls: 101

**Crimestoppers:** crimestoppers-uk.org or call 0800 555111.

Please remember: ALWAYS DIAL 999 IN AN EMERGENCY.

www.herts.police.uk

Hertfordshire Police Authority, Freepost ANG 6281, Hertford SG13 8YS.  
Telephone: 01992 556600.

**Puckeridge Health Centre**

The Surgery, Station Road, Puckeridge SG11 1TF

Tel: 01920 823860 (inc out of hours).

Surgery is open:

Mon – Fri 8.30am – 6pm

**Minor Injuries Unit**

Herts and Essex Hospital, Haymeads Lane, Bishop's Stortford CM23 5JH

Staffed Mon - Fri, 9am - 4.30pm. Ring 01279 655191 ext. 4298 to ensure that the unit can help.

**NHS Non-emergency Number**

If it is not a 999 emergency but you need medical help fast, Call 111.

**Domestic Violence/Abuse Help Line**

08 088 088 088 (Freephone)

Confidential helpline open 9-9 Mon-Fri, 9-4 Sat & Sun.

**Victim support**

0300 303 0165

**Age UK Hertfordshire Information Line**

Offers you information on a wide range of issues that are relevant to older people. We can also put you in touch with other organisations that can help you.

Information Line: 0300 345 3446

**We listen...**

*InTouch* is a team of 5 working within Age UK Hertfordshire.

We can support you emotionally and practically through whatever challenging situation you are facing. We don't judge or tell you what to do, we help by listening to your worries, pain, concerns and support you through it.

Call us on 01992 629358 and 01992 630623

**Abandoned Vehicles**

01992 655261

**Herts Society for the Blind Sight Line**

The Sight Line telephone number is: 01707 324680, Monday to Thursday between 10 - 1pm.

**Power cut helpline**

Text POWER and your postcode to 80876 ukpowernetworks.co.uk/powercut  
0800 31 63 105  
0333 32 32 105 (if calling from a mobile)

**Animal Warden**

To report incidents re: dog faeces, stray dogs and an identichipping service. 01279 655261

**Trading Standards**

03454 040506, 9am - 5pm Mon to Fri.

**Traveline**

0871 200 2233 www.traveline.co.uk

**Post Office Times**

**Braughing, at The Golden Fleece.**

Wednesday and Saturday mornings.

**Standon**

Monday - Friday 9.00 - 5.30

Saturday 9.00 - 1.00

**Aircraft noise**

Stansted Airport Noise Unit.

0800 243 788 email:

stanstednoiseline@stanstedairport.com

**Local Library Times**

**Home Library Service:**

If you can't reach your local library because you are housebound, have a disability or care for someone at home this service will deliver books free of charge. Details 0300 123 4049

**Bishop's Stortford Library:**

Monday 10 -7pm

Tuesday - Friday 10-6pm

Saturday 10-5pm

Sunday 12-4pm

**Buntingford Library:**

Monday, Tuesday, Thursday 10 - 5.30pm

Friday 2 - 5.30pm, Saturday 9-1pm

**Ware Library:**

Monday, Tuesday, Friday, 10 - 5.30pm,

Wednesday 2-5.30pm.

Saturday 10-5pm

**Parish Council Contacts:**

**Braughing**

clerk@braughing.org.uk

**Standon**

Clerk: Belinda Irons 01763 838732

clerk@standonparishcouncil.gov.uk

**East Herts District Council**

The Causeway, Bishop's Stortford or Wallfields, Pegs Lane, Hertford. Both are open 9.00am - 5.00pm, Monday to Friday.  
Tel: 01279 655261. www.eastherts.gov.uk.

**Herts County Council**

**Contact details:**

Highways Fault Reporting

www.hertsdirect.org/highwayfaults

Home Safety and Security Checks

0300 123 4046

hhss@hertfordshire.gov.uk

Trading Standards 0345 404 0506

report.fraud@hertfordshire.gov.uk

Waste Aware 0300 123 4051

General Enquiries 0300 123 4040

Textphone Users: 0300 123 4041

Other help and support herts-help.net or

0300 123 4044

**Halls for hire**

- Braughing Church Hall and Old Boys School, (up to 120 with kitchen facilities) – contact Phil Firmin 01920 823120, email [phil.firmin@outlook.com](mailto:phil.firmin@outlook.com)
- Braughing Playing Field Association Community Hall - Contact Graham Frary [grahamfrary@tiscali.co.uk](mailto:grahamfrary@tiscali.co.uk)
- Colliers End Village Hall (40 people comfortably, with kitchen) - Contact Suzanne Anderson 821836
- Dane End Memorial Hall David Hart 01920 438976 [dane-endhallbookings@Outlook.com](mailto:dane-endhallbookings@Outlook.com)
- High Cross Mrs. J. Handy 318752
- Standon & Puckeridge Community Centre - Contact Robert Youell 07854 916404 [info@standonandpuckeridgecc.co.uk](mailto:info@standonandpuckeridgecc.co.uk)
- Standon Village Hall, Hadham Road, Standon – Contact Denis or Beverly Olliver on 01279 842625
- Thundridge Pauline Mortlock 467 152

**Local Churches:**

- A10 Christian Mission: Contact Revs Colin & Teresa Marks 01920 821684
- Old Hall Green & Puckeridge Roman Catholic Churches: Fr. John White 01763 271471
- Puckeridge Chapel, Century Hall, Station Road. Pastor Bill Harrow 01920 821366 [pastorbill@puckeridgecc.co.uk](mailto:pastorbill@puckeridgecc.co.uk) [www.puckeridgecc.co.uk/index.html](http://www.puckeridgecc.co.uk/index.html)
- The United Benefice of St Mary's Standon and All Saints Little Munden with St Catherine's Sacombe: Please see the benefice website, [www.ubsms.org.uk](http://www.ubsms.org.uk) for up-to-date information or contact Revd. John Chitham on 01920 739483  
St Mary's Church, Braughing: Mr Don Varley, Churchwarden, Church Office - 01920 823832  
[www.achurchnearyou.com/braughing-st-mary-the-virgin/](http://www.achurchnearyou.com/braughing-st-mary-the-virgin/)

## **LOCAL DIRECTORY**

*All phone No's are 01920 and clubs in Puckeridge or Standon unless shown otherwise*

- Albury Seedlings Preschool & Albury Primary School: 01279 771253
- Allotments:  
Braughing: Ruth Fleetwood  
[rfleetwood@braughing.org.uk](mailto:rfleetwood@braughing.org.uk)  
Puckeridge: Doris Windsor 822525
- Baby-sitting Circle:  
Sylvia Pinnington 822216
- Bat Helpline 01992 581442
- Beavers: 6-8 years old,  
Angie Adamson 01763 849902
- Bell Ringing: Braughing: Paul Currie 822026 , Standon: Tracey Coley 823886.
- Bishop's Stortford Railway Society: Barry Bridges 438586
- Bowls Club: Andy Mansfield 07976 237050 or  
[standonandpuckeridgebowlsclub@gmail.com](mailto:standonandpuckeridgebowlsclub@gmail.com)
- Braughing Cricket Club & Colts: Peter Hobson 07874 868691  
[braughingcricketclub@yahoo.co.uk](mailto:braughingcricketclub@yahoo.co.uk)
- Braughing Get Together: Marion Saunders 821530
- Braughing Local History Society:  
Tricia Lilley 07851 640315
- Braughing Playing Field Association Trust: Graham Frary 07855 834862  
[grahamfrary@tiscali.co.uk](mailto:grahamfrary@tiscali.co.uk)
- Braughing WI: Kate Fish 822397
- Bridge Clubs:  
Sue Dailly 823692
- Brownies: Register your daughter's interest at [www.girlguiding.org.uk](http://www.girlguiding.org.uk) - general enquiries to: (Roger de Clare lunch club): Louise 07971 800443. (evening unit):  
[firstsandpbrownies@gmail.com](mailto:firstsandpbrownies@gmail.com)
- Budding Babes: Tracy 01920 824041
- Buntingford Bird Club: Tim Robinson, 01763 243143
- Buntingford Choir:  
[info@buntingfordchoir.co.uk](mailto:info@buntingfordchoir.co.uk)
- Buntingford Heritage Centre:  
Jenny Dingley 01763 273002
- Carols Round the Tree (Standon):  
Caroline Franks 822723
- Carpet Bowls:  
Mike Bennett  
[Mikebennett12@aol.com](mailto:Mikebennett12@aol.com)
- Church Choir Braughing: Church office 823832
- Church Choir, Standon with the Mundens and Sacombe: Michael Smith 821281
- Conservative Assn:  
David Andrews 823836
- Cubs: Wednesday Cheetah pack Derek Goodall 01763 273149,  
Tuesday Puma Pack: Jackie Andrews 01763 247675
- Dance Classes - Rhythm & Poise School of Dance: Ballet: Karen Howarth - 01279 651535 & Tap, Modern & Jazz: Kate Dutton - 07969 362224
- Dance JAM Academy:  
Julie McPartland  
01920 822488 or 07971699615
- Dog Training: Jan Mann 823475
- Dominoes: Axe & Compasses, Braughing - Graham Frary 821715
- East Herts Aviation Society: Steve Morgan  
[stevemorgan125@btinternet.com](mailto:stevemorgan125@btinternet.com)
- Embroidery Group: Barbara Norris 822104
- Folk Music Club:  
Stortfolk 01279 656664
- Friends of Braughing Church:  
Clive Marshall Trustee:  
[chef@marshallclan.com](mailto:chef@marshallclan.com)
- Golf Club (East Herts):  
Secretary 821978
- Guides: Register your interest at [www.girlguiding.org.uk](http://www.girlguiding.org.uk) - general enquiries to Louise 07971 800443.
- Hares Football Club:  
01763 848449
- Health Centre: 823860
- Hertford & Ware Railway Society: Stuart Moye 467132
- Hertfordshire Holly: Mixed Clog Morris: Mary Deeks 822905
- Herts & Essex Architectural Research Society:  
Kath Pollard 01708 473646
- High Cross & Thundridge WI: Marilyn Pritchard 01992 553414
- Horticulture Society (Braughing): Marion Saunders 821700
- Hospital Transport for the Elderly:  
Wendy Smith 07922 519174
- Jenyns First School & Nursery: 821461
- Karate Club: Clive 01763 231132
- Kettlebell Exercise Classes: Sue Prior 07854 316628
- Labour Party:  
Frederick Perkins 822454
- Liberal Democrats:  
David Albinson 822640
- Lipreading classes:  
Louise Reed 821401
- Little Hadham Primary School: 01279 771285
- Mayday Committee:  
Sue Spalding 821624 or  
Rachel Law  
[rachelaw79@yahoo.co.uk](mailto:rachelaw79@yahoo.co.uk)
- Mercury Correspondent: Braughing:  
Clive Marshall 822167
- Pantomime Group, Braughing: Peter Walsingham 823265
- Parish Paths Partnership: Braughing - Sue Dailly [nedailly@btinternet.com](mailto:nedailly@btinternet.com)  
Standon - John Harris 07740 306189
- Penny Constantinou Accessible Yoga, Pre, Post Natal & Baby Yoga, Baby Massage. 07944 416572  
[penny@yogaforallherts.com](mailto:penny@yogaforallherts.com)
- Pet Care: Mrs Harvey 822814
- Petanque: Brown Bear, Braughing - Steve Banfield [landlord@brownbearbraughing.co.uk](mailto:landlord@brownbearbraughing.co.uk)
- Pets TLC: 822705
- Phoenix Moon Productions  
[enquiries@phoenixmoonproductions.co.uk](mailto:enquiries@phoenixmoonproductions.co.uk)
- Photographic Society (Ware): Barbara Norris 822104
- Railway & Local History Society (Buntingford): Stephen Ruff 01763 289516
- Rainbows: Register your interest at [www.girlguiding.org.uk](http://www.girlguiding.org.uk) - enquiries to [sandprainbows1@outlook.com](mailto:sandprainbows1@outlook.com)

### **Low Cost, One Bedroomed, Centrally Heated Almshouses for Local People.**

Almshouses become available from time to time for people with a connection to the Parishes of Standon and Thundridge. Each almshouse is a self contained one-bedroomed unit with it's own kitchen, bathroom and living room.

Write for details and an application form to:  
David Goldstraw, Clerk to Standon Charities,  
40 South Road, Puckeridge SG11 1TH.  
[www.standoncharities.org.uk](http://www.standoncharities.org.uk)

### **Braughing Housing Association**

The Braughing Housing Association was established in 1965 for elderly Braughing residents finding themselves in need of a home.

There are six flatlets consisting of bed/sitting room, kitchen and bathroom, suitable for single tenancy.

Enquiries can be made by emailing  
[braughinghousingassociation@gmail.com](mailto:braughinghousingassociation@gmail.com)

- Ramblers (Royston & Dist):  
David Allard 01763 242677
- Red Yoga: 07590 964016
- Royal British Legion:  
Standon: Ron Edwards 464218
- Ralph Sadleir Assn:  
[sandie@sandibevents.co.uk](mailto:sandie@sandibevents.co.uk)
- Ranger Girl Guides (14+ years),  
Wednesday, Rosanne Kenealy 01920 821304
- Rib Valley Gymnastics Club: Andrea  
Allen 07989 980038
- Roger de Clare School Association: Sarah  
Gillingwater 823129 or Sam Risley  
823477
- Sadleir Drama Club:  
Liz Pickup 01763 289446
- Explorer Scouts: 14-18 year olds,  
Wednesday Buntingford Unit  
Christine Pestle 07711 506381,  
Friday Ware Unit: Jim Campbell  
01920 461134
- Scout & Guide Band:  
01920 823163
- Scout Troop: 10½-14 years old, Derek  
Goodall 01763 273149,  
S.P.I.N.S. Pre-School: 07881 533339
- St. Thomas of Canterbury Primary School  
PTA: C/o School 821450
- Standon Morris: Catherine Ward 07808  
969379
- Standon & Puckeridge Health Centre:  
823860
- Standon & Puckeridge Community  
Centre:  
Robert Youell 07854 916404
- Standon Village Hall - Denis Olliver  
01279 842625
- Swimming Club (Buntingford ): David  
Carr 07966 508156
- Tai Chi: Mrs A Manwaring 822041
- Tennis Club:  
Braughing:  
Karen Gore 07860 484878  
Standon:  
Keith Bradshaw 01920 821152
- Three Villages Eco Group:  
Trish Street 01920 821069
- Ware District Trefoil Guild  
Mandy Challis (Chairman),  
[WareDistrictTrefoil@gmail.com](mailto:WareDistrictTrefoil@gmail.com)  
07766 086137
- Twinning Assn (Buntingford):  
Mary Deeks 822905
- University of the 3rd Age:  
Barbara Norris 822104
- Veterans Football Club:  
Paul Mayne 822615  
Craig Gardner 823805
- Ware and District 41 Club:  
Peter Warren 01920 824099
- Ware Swimming Club:  
Chris Buck 07947 322808
- Ware U3A:  
Chris Beeton, Membership Secretary  
07952 066748
- WASPS Out of School Club Nicola  
English, 07904391133,  
[nicola@waspsclub.com](mailto:nicola@waspsclub.com)
- Young Countrysiders:  
Linda Watts 821393

## ***PS News - The idea***

Everyone is welcome to write, there is no charge for articles on any subject of interest to our communities.

PS is written and delivered by volunteers, it is paid for by the advertisers.

3100+ copies are distributed to every house in:

Puckeridge	Standon	Braughing
Colliers End	Nasty	The Mundens
Old Hall Green	Wellpond Green	

and many of the houses in:

High Cross Little Hadham.

Copies available from local Pubs, Vintage Service Station in Puckeridge, plus Standon Convenience and Standon Post Office.

## ***Advertising in PS***

The cost of advertising is:

- From £88 per year—details [www.psnews.org.uk](http://www.psnews.org.uk)
- ***You have to advertise for a year (4 issues) minimum and pay in advance.***
- Advert design, logos and illustrations scanned, all free of charge.
- ***Leaflet inserts*** are £170 per leaflet. Contact me before getting them printed as we limit the number of inserts in each issue. Book early to ensure we can take your insert when you want it.

## ***Copy dates***

Copy dates are as shown below. If you want to advertise, contact John Harris: 07740 306189 or email [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)

*By email*

March Issue	10 Feb
June Issue	10 May
Sept Issue	10 Aug
Dec Issue	10 Nov

Please send your articles and photographs by these dates.

If you would like an email reminder a couple of weeks before you need to get the article to me, just email me the request and it will happen.

### ***Emailed articles, deliveries & advertising:***

John Harris, 4 South Road, Puckeridge SG11 1TH.

Tel: 07740 306189

E-mail: [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)

***Visit our website for the latest issue and advertising details: [www.psnews.org.uk](http://www.psnews.org.uk)***

### ***Delivery query?***

If you would like to volunteer to deliver PS or for some reason you get missed please contact John as above.

## ***When can I advertise?***

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- WELWYN GARDEN CITY • 01707 390018
- WELWYN • 01438 714686
- HERTFORD • 01992 582052
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